



Annual Report

24 Safe and Secure Hours in Hyvinkää Finland

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Halonen Tommi
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Kokko Harri
Leskinen Erkki
Liiska Ilpo
Nurminen Taru
Onnela Juhani
Skytten Aimo
Tarkiainen Antti
Laatta Ismo

Security Chief
Service Instructor
Traffic Planner
Chairman
Driving Instructor
Traffic Engineer
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Labour Protection Delegate
Examiner of the Inspection Station
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Saarinen Pirkko
Salonen Hannele
Vuori Jouko

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Family day-care provider
Fire Inspector
Physiotherapist
Public-health Nurse
Chairman
Lecturer
Deacon
Building Inspector
Risk Management Director

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Director of Mental Health Services
Temperance Secretary

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Sinisalo Päivi

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Deacon Secretary
Secretary
Nurse
Nurse

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CEO
Police Officer
Youth Instructor
Restaurant Manager
Traffic Engineer
Head of Business idea
Deacon Secretary
Fire Inspector

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Mähönen Kaarina

Police Officer
Representative of immigrants
Fire Inspector
Social Instructor
Day-care Centre Director
Teacher
Youth Instructor
Deacon
Representative of resident's association

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Salonen Heikki

Service Manager
Youth Secretary
Representative of resident's association
Fire-fighter
Deacon
Teacher
Family Counsellor
Police Officer

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Pastor
School Social Worker
Youth Instructor
Family Worker
Safety Instructor

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The Advisory Committee has met 2 times, the steering group – 10 times, another workgroups – 3-7 times over the past 12 months.

New workgroup

Preventive mental health and substance abuse prevention program for 2010-2015 was completed in May 2009. The program was approved by the committee for social services and health in December 2009 and by Municipal executive board in December 2010. Domestic violence prevention action plan was completed in May 2007. In March 2010 the Mayor of Hyvinkää appointed Preventive mental health and substance abuse and domestic violence prevention workgroup to implement these programs.

Account for accident prevention and safety work in Hyvinkää

The steering group of the project arranged **112 Day event** in shopping centre Prisma in February 11. The theme of the event was "Everyday Hero". The project members enlightened the citizens about the 112 emergency number and its appropriate use and told the residents about the importance of functioning smoke detector and traffic safety in Hyvinkää.

The project members arranged a local "**Accident Prevention Day**" near the outdoor swimming pool "Maauimala" in Hyvinkää in August 13.

The theme of the event was "Back to everyday life". The day's program was as follows:

- Water-saving screening and training
- Rescue Department's smoke tent and equipment demonstration
- Guidance on safe use of fitness equipment
- Home accident prevention information in "Jepuli" tent
- Local music bands show.

Kindergarten children and school children attended the events of "Accident Prevention Day".

The regional Rescue Department of Keski-Uusimaa region and the city of Hyvinkää continued **a safety project called "TuliKukko"** (meaning a blaze of fire). It aims at educating the personnel of schools, day care centres and health care centres in theory and practice so as to understand the daily risks at the workplace and to create a common safety culture. The training covers, among other things, initial fire-extinction as well as safe evacuation of and gathering outside the premises.

The City of Hyvinkää offers free **shoe-studding** for the elderly (those over 65-years of age), for people with moving disabilities and for the unemployed. The Anti-skid shoes are a part of the 24 Safe and Secure Hours in the City of Hyvinkää project. Shoe-studding takes place at the Hyvinkää Main Health Care Centre. The City of Hyvinkää paid for the studs and fitting work and procured the tools needed. Last year, outdoor shoes of over 200 persons have been studded. The studded outdoor footwear is an effective way to prevent the pedestrians slipping accidents.

The Traffic Safety workgroup has organized in collaboration with Hyvinkää Bicyclists Association traffic safety education project for schoolchildren. To all the second-class schoolchildren was held **the traffic safety education day**, which aims was to instruct schoolchildren on how to drive bicycle safety. The traffic education day's program was:

- Rules of the traffic (traffic lights, the yielding rules, avoiding dangerous situations)
- Using an appropriate protective helmet during drive
- Bike condition control, right equipment of the bike
- Using reflectors and lights
- Safety crossing a road
- Riding training on the technical track

Practical guidance for young riders responded instructors and coaches of Hyvinkää Bicyclist Association.

Western regional workgroup held on Thursday 29 April in Paavola a **Safety Day for children**. The objective of the Day was to give schoolchildren and preschool-age children necessary and useful information on safety. During the Day children dealt with everyday security issues on the functional controls.

- The Police told about traffic safety, responsibilities of damage acts and demonstrate dangerous play places
- Rescue Department instructed how to extinguish a fire safely and quickly
- At the first aid control children learned first-aid skills and treated each other
- At the congregation control children made a guardian angel
- A waste management company Kiertokapula advised how to sort waste correctly

Approximately 400 children participated in Safety Day.

Western regional workgroup held in 11 of November a **Safety Day for elderly** in Paavola Congregation Centre. The Police, Rescue Department, Elderly housing unit and Congregation inform elderly people on safety. Approximately 50 people participated in Safety Day.

Centre regional workgroup continued a **safety project for elderly and lonely** called “**Aamukorva**” together with Hyvinkää congregation. Aamukorva is a short phone call to elderly to check the situation at home. The aim of the project is to help, assist, support elderly persons, give them advice and guidance on every day matters. The conversation with elderly is aimed to reduce older people’s loneliness and related problems.

Statistics

Our own work on creating system to estimate the effectivity of activities is taking his first steps. We have established a workgroup on statistics in November 2010. Our representatives visited Kouvola in June 2010 to get knowledge how collecting statistics has been organized there. Anyway we will continue our co-operation with the local Laurea University of Applied Sciences. Students have done some questionnaires for us and we will continue this way.

Otherwise we can utilise the statistics collected by the authorities. National Institute for Health and Welfare - the key statistical authority in Finland collects regional statistics on accidents and injuries (accidents at home and during leisure time, accidental falls, road traffic accidents, occupational accidents, accidental poisonings). Local Police Department collects statistics on crimes and traffic accidents. The Police authorities collect every third year also knowledge about how the feeling to be in safe fluctuates.

International Network meetings

The Second European Regional Safe Community,

The 7th Nordic Conference on Safe Communities, Reykjavík – Iceland in May 19-20.
(Yrjö Heimonen)

International Orienteering Relay Kytäjä-Jukola in June 19–20.

(Kari Vaaralahti presented the project activities)

International Safety and Security fair in Tampere Exhibition and Sports Centre in September 8–10.

(Jarno Kivistö and Matti Koski)

The Steering group organised a **Pool Meeting and Re-designation Ceremony** “Hyvinkää – a Member of the Safe Community Network” in Hyvinkää in October 15.

(Representatives from Estonia, Sweden and Kouvola attended the meeting)

National Network meetings

Local safety planning nationwide seminar "Better security - better welfare", Pori in January 26-27.
(Jarno Kivistö, Yrjö Heimonen, Matti Koski, Anne Kairajärvi and Harri Kokko)

Real Estate Safety Study Days in Vantaa in May 11.
(Veli-Juhani Strandman)

CommSafe accident prevention seminar "Invisible accidents the biggest threat to local residents" in Kotka in November 25.
(Seppo Nieminen, Matti Koski, Jarno Kivistö, Jouni Mattsson, Yrjö Heimonen)

Safety seminar in Rovaniemi in December 2.-3.
(Jarno Kivistö, Yrjö Heimonen, Matti Koski and Raimo Lahti)

Local Network meetings

"Healthy and Safety days" in Hyvinkää Laurea University of Applied Science in April 14-15.
(Yrjö Heimonen)

Rules in rental housing in immigrant women's club in April 15.
(Minna Nikkanen)

Meeting of chairmen of the residents association in Laurea University of Applied Science in May 5.
(Yrjö Heimonen and Minna Nikkanen)

Substance abuse prevention week

Lecture about alcohol problems and treatment options "How does the liver cope? I wake up in time!" in November 12 in Sahamäki Service Center for elderly.
(Raija Kovisto)

Comments

One of the biggest challenges to our ISC over the past 12 months was to make our safety work much more efficient. We have planned to change our ISC organization in 2011 and we will focus on four top projects for this year:

1. Prevention of social exclusion and harmful effects of alcohol and drugs
2. Improving safety and secure for seniors
3. Prevention of home and leisure time accidents
4. The safety of the built environment