



Annual Report of Zhongzheng Safe Community, 2009

Community Name: Zhongzheng District, Taipei City

Country: Republic of China (Taiwan)

Number of inhabitants: 158,785 (male: 76,778; female: 82,007) (Oct., 2009)

Programme started year: 2006

Designation year: 2008 (the 146th International Safe Community Network Member)

Institution: Zhongzheng District Community Safety and Health Promotion Association

(<http://www.zzsafe.org.tw>)

Overview for 2009 safety promotion projects:

A. Newly-allied partners:

“Taipei City Government Suicide Prevention Center” joined the “Intentional Injury Prevention Group”, and “Taiwan Railways Administration Taipei Station” joined the “Public Place Safety Promotion Group”.

B. Strengthen general public’s knowledge and practice on injury prevention and safety promotion:

Between March and April, Zhongzheng has divided into 6 areas to promote topics over home safety, road safety, and CPR teaching courses, total 30 activities.



C. New promoting programs for safety promotion:

1. Home safety

Project: “Home Safety Assessment for New Immigrants’ Children”

- Target Group: New immigrants with children aged under 4
- Methods: Trained family members help their foreign spouses to coevaluate the household environment
- Results:
 - The top three unsafe spots were as below:
 - * Unused outlets in the living room did not add protection covers, and the wires or extension cords are not fixed close to the wall.
 - * Bathroom did not have anti-slip mats nor have vent in there.
 - * Drinking fountain, oven, and microwave in the kitchen were easily reached by children, and so were tools and other hazard items.
- Improvement strategy: Join “New Immigrants Living Safety Promotion Project” (mentioned below) to plan and conduct improvement method.

2. Road Safety:

Project: “Transportation Injury Prevention”

- Target Group: According to 2008 ZhongZheng injury surveillance data, most of the transportation injuries happened to drivers aged 25 to 44, and the most common cause of such injuries was cars and motorcycles collision at certain dangerous sections of roads.
- Methods:



- * Post injury news on area electronic billboards to remind the public to obey traffic rules.
- * Reinforce motorcycle and automobile traffic injury preventions during community meetings.
- * Ask the police to strengthen patrol and banning on key road sections in order to effectively control traffic incidents.



3. School Safety:

Project: To develop “International Safe School Program” at HeTi Elementary School (drafting to apply for designation in May 2010).

- Target Group: 6 to 12-year-old children (elementary school students)
- Strategy:
 - * Safe walk to school
 - * Encourage stores to participate as special caring stores.
 - * Promote the traffic safety education.



4. Intentional Injury Prevention:

Project (1): “New Immigrants Living Safety Promotion”

- Target Group: Foreign spouses and their family members
- Methods:
 - * Integrate new immigrants supporting groups and district health center to promote home safety for new immigrants’ and their family members.
 - * Hold workshops of Chinese literature understanding and living adjusting tips for new immigrants, and provide information of domestic violence prevention also.



Project (2): “Suicide Prevention”

- Target Group: Full-time employees with age of 25 to 64 years old, and the community residents of every age group.
- Strategy:
 - * Provide the depression scale test to participants in health promotion activities to detect physical and mental pressure.
 - * Mental health workshops (depression and suicide prevention): Connect related psychological professionals and institutions through the Zhongzheng Community Safety and Health Promotion Association and the Zhongzheng District Health Center, Taipei City, to promote mental health (depression and suicide controls) among communities, institutions, organizations, and schools etc.
 - * Counseling sessions for community of Zhongzheng District: Host counseling sessions at the Zhongzheng District Health Center three times a week.

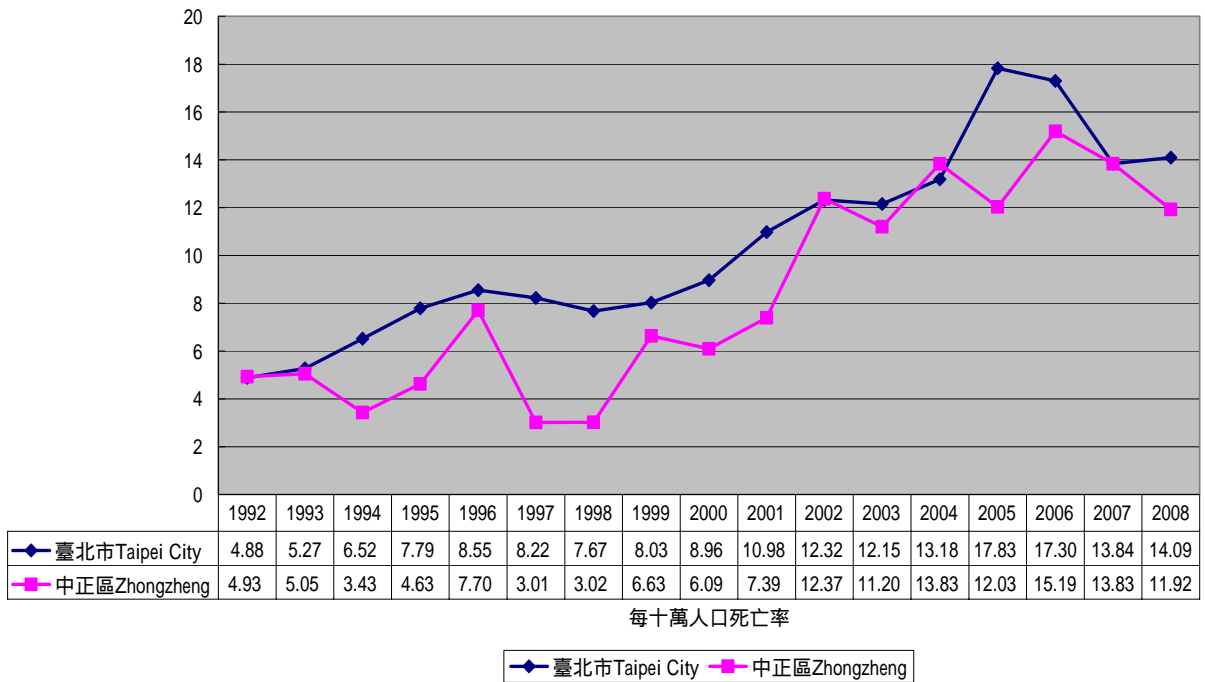
D. Projects Effectiveness

According to 2006-2008 Health Statistics Yearbook of Taipei City, the injury mortality per 100,000 of ZhongZheng decreased (Table 1), and the suicide mortality rate did (Fig. 1), too. The effectiveness of our safety promotion projects has been encouraging us to promote safe

community program continuously.

Year	2006	2007	2008
Mortality /100,000 population	15.83	15.72	13.17

Fig. 1: Annual suicide mortality rate of ZhongZheng District and Taipei City, 1992-2008





【2009 中正安全社區年度報告】

- 一、社區名稱：臺北市中正區
- 二、國別：中華民國
- 三、社區人口數：158,785 (男：76,778, 女：82,007) (截至 2009 年 10 月)
- 四、計畫起始年：2006
- 五、通過認證年：2008 (第 146 個國際安全社區)
- 六、社區執行單位：臺北市中正區社區安全健康促進會 (<http://www.zzsafe.org.tw/>)
- 七、2009 年社區安全促進執行概況：

(一) 持續結盟推動社區事故傷害防制的跨領域團隊

臺北市政府自殺防治中心加入「蓄意性傷害防制組」

臺灣鐵路管理局臺北站加入「公共場域安全組」

(二) 強化社區民眾對事故傷害防制與安全促進的知能

3 至 4 月，於中正區 6 個次分區分別辦理，推廣主題包括：
居家安全、交通安全、全民 CPR 教學等，共舉辦 30 場



(三) 新推廣之安全促進方案

1. 居家安全：

(1) 方案：「新住民兒童居家環境安全檢核」

(2) 對象：有 0-4 歲孩童的新住民家庭

(3) 方法：由新住民的本地配偶接受講解訓練後，進行自家環境評核

(4) 不安全點：

* 客廳內未使用的電插座沒有加防護蓋及電線或延長線未固定。

* 浴室內沒有鋪設防滑地墊、無通風口。

* 廚房內的開飲機、烤箱、微波爐放在幼兒能碰觸的地方、家中工具類用品及危險物品放在幼兒能拿到的地方。

(5) 改善策略：連結方案 4-1 整合規劃並協助改善不安全點

2. 道路安全：

(1) 方案：「道路運輸事故傷害防制」

(2) 對象：根據 2008 年中正區傷害監測資料及警局交通事故紀錄，進行危險路段事故防制

(3) 方法：

⊕ 協調利用轄區電子看板發布傷害資訊，提醒用路人遵守交通規則，注意安全。

⊕ 於社區聚會加強宣導機車、汽車交通事故防制。

⊕ 請警方於重點路段加強巡邏、取締，以有效防制交通事故。



3. 學校安全：

(1) 方案：協助河堤國小發展國際安全學校計畫 (擬於 2010 年 5 月提出認證申請)

(2) 對象：6-12 歲學童

(3) 策略：

⊕ 推動安全走路上學。



- ⊙推動愛心商店。
- ⊙交通安全教育宣導。

4.蓄意性傷害防制：

4-1

- (1) 方案：新住民生活安全促進
- (2) 對象：新住民及其家庭成員
- (3) 方法：

⊙結合新住民支持團體與健康服務中心，進行兒童居家環境安全檢核並協助改善。

⊙辦理新住民中文識讀與生活適應班，並提供家暴預防的觀念和尋求協助的管道



4-2

- (1) 方案：自殺（自傷）防制
- (2) 對象：年齡層 25-64 歲成人為主之職場工作人員、所有年齡層社區民眾
- (3) 策略：

⊙身心壓力檢測：配合健康促進活動進行憂鬱症量表填寫。

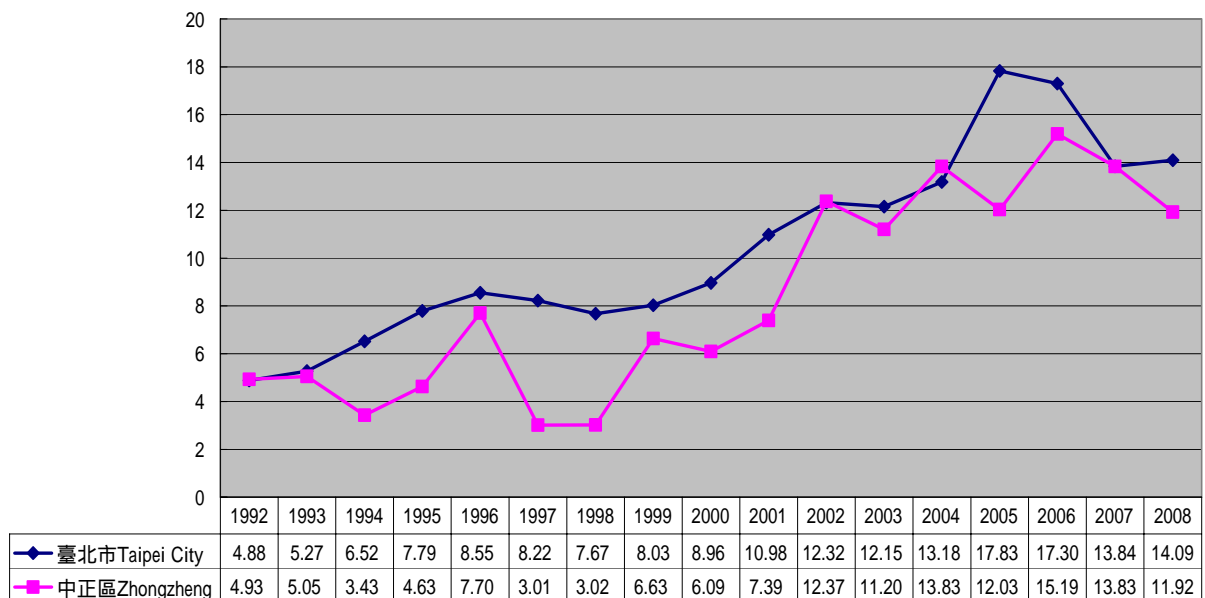
⊙精神健康講座(憂鬱、自殺防治)：結合心理專業人員與機構，於社區、機關、團體、學校等地辦理精神健康講座(憂鬱、自殺防治)等活動。

⊙社區心理諮商服務：於中正區健康服務中心設置心理諮商門診，每週三次。

(四) 方案成效評估

依據 2006 至 2008 年臺北市政府衛生統計資料顯示，中正區每 10 萬人口事故傷害死亡率（表一）及自殺死亡率（圖一）均呈逐年下降，顯示社區推動的安全促進方案確有助益。未來，中正區將持續推廣安全社區計畫。

年	2006	2007	2008
每十萬人死亡率	15.83	15.72	13.17



每十萬人口死亡率