

## Safe Community - Kepez



Country: Turkey

Name of the Community: Kepez

Number of Inhabitants: 387,119

Program started year: 2007

International Safe Communities Network Membership: Designation Year: April 2011

Designation by: European Safe Community Certifying Centre

Full Application report: <http://www.phs.ki.se/csp/pdf/applicationreports/kepez.pdf>  
[www.safecommunitykepez.org](http://www.safecommunitykepez.org)

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<http://www.fammedi.org/main.html>

**The program covers the following safety promotion activities:**

**For the Age Group:**

**Children 0-14 Years:**

- “Education Brings the Future” (funded by Center for EU Education and Youth Programs) for raising the awareness in mutual respect and tolerance among their friends, increase the levels of awareness and concern, make traffic education funny, prevent potential threats, train children of working parents in life and property security while they are home alone
- “Traffic Park” for training pre- and elementary school students by practicing traffic rules



- “Children Camp” for traffic and first aid training for elementary school students



**Redesigning Playgrounds against falls and accidents**

### **Youth 15-24 Years:**

- Antalya “Hand of a Friend” for making youth become aware of drug use and negative aspects of it

### **Adults 25-64 years:**

- “My Neighbor is a Policeman” for informing neighbors against crime
- “Healthy Police, Healthy Service” for raising awareness in healthy issues in police services
- “First Aid Training Programs” for Health Care Personnel, Other Governmental Institutions and Public

### **Elderly 65+ years:**

- “Retired-friendly Antalya” for enabling retired elders’ resocialization, taking advantage of their experiences, making them organized in security, loneliness, transportation, communication and social activity problems, keeping them in social life.
- By falls prevention activities, elder people exercise physically to get stronger in muscular potential and by this way falls can be prevented. Also they shall be visited at home for health control and physical atmosphere of the house against falls prevention.
- By “Social Responsibility Project”, elder people shall be visited in nursing houses for awareness-rising and eliminating the feeling of isolation from society.

### **At the following environments:**

#### **Home Safety:**

- “Neighborhood Watch” for people’s protecting themselves and their properties, decreasing crime fear, contributing to a safer atmosphere by cooperating the police, strengthening the relations between the police and the community, and systemizing neighbor relations, which have started to disappear due to urbanization.
- Accidents and health problems caused by unconscious and incautious use of chemicals for household aims.
- Accidents caused by electricity systems at home and causing injuries
- Accidents and injuries caused by gas leak in the kitchen

- Precautions for fire probability at home
- Safety measures taken by children and elders home alone, intervention methods for injuries and accidents

### **Traffic Safety:**

We really care about traffic education and training of our children and young people in order to establish a well-qualified traffic culture. As known the biggest share in accident rates in Kepez is traffic accidents.

- In addition in 2010, 1398 drivers of public transportation vehicles have been trained about safe driving and their knowledge has been refreshed.
- 300 signs showing that speed limit is 40 km/h in school area have been located around 200 schools.
- “Life Tunnel” for emphasizing the importance of traffic rules and safety belt for human life.



- Controlling Motorcycle and Motorbike Riders and Their Passengers and Promotion of Helmet Use
- “Lifelong Learning For Drivers To Improve Road Safety And Service Quality By e-Learning And Practical Training” for public transportation drivers for awareness-raising in road safety.
- “School Crossing Attendants” are chosen among students who are voluntaries for enabling a safe leaving-off time.

### **Occupational Safety:**

- “Protection of Craftsmen and Tradesmen” for a more safe and secure business life against all threats such as violence or injuring for theft/robbery.

### **School Safety:**

- Continuing efforts for preventing or decreasing drugs/psychotropic substances abuse (thinner, ecstasy, hashish, cocaine) or bad habits (cigarette, alcohol)
- Commissions on violence prevention have been established at schools in Kepez district
- “Safe Schools” for traffic and first aid training, awareness-raising against violence, abuse, bad habits, substance abuse and terrorism.
- Civil Defense Drills at Schools

### **Leisure and Sports:**

- “Safe Sea” for informing about unhealthy conditions in these water bodies and the risk against life safety by swimming in these waters
- “Red Card for Obscenity and Violence in Sport” for taking measures against violence and disorder, indignity, swearword, humiliating slogans and behaviors before, during and after sports competitions
- “Generalization of Sports and Social Activities” for directing youths to sports against mobbing and violent acts at schools

### **Elder and Disabled Safety:**

- Handing out some brochures of “Safe Houses” summarizing all kinds of issues related to safety and security at home for elder people such as designing furniture and rooms against falls and injuries, security measures while home alone, contact information of direct and right representatives from health, social security and security sectors in case of emergency, applying right contact person in case of need in terms of time and energy save.
- “Let’s Overcome Obstacles” for supporting the families including handicapped members of the children working on streets in the perspectives of identification of the families’ situations, training support in necessary areas, information about community resources, and availability of these resources
- Handicapped have been paid subsistence wage which named as “Wage for Care at Home” since 2007.
- By “Construction Plan for Elderlies and Disabled People” all physical regulations and arrangements against falls and injuries

## **Others:**

- “Community Policing” for informing and supporting community in all issues related to safety, violence, accidents, injuries, suicide.
- “I do have a suggestion, too” for suggestions from the community about all issues related to safety.
- Developing Effective Strategies in Fighting Against Theft Crimes
- “Women’s Human Rights Training” for fighting against domestic violence by training women on women rights.
- “My Family” and “Training the Families of Adolescents of 7-19 Age” for fighting against domestic violence by rehabilitating relations between parents and children
- Participation of University Youth to the Safety and Protection Process of City-Dwellers for Educational and Training Support Programs on Rescue and Rehabilitation in Disasters and Accidents

## **Programs aiming at “High Risk Groups”:**

- “Give Children a Chance to Blossom Again” for guttersnipe children work in the street to provide their social development; to make them go back into their families and education in school
- “Regulations on Construction Plan for Elder and Disabled People” for planning the city for the use of everybody including elder and disabled people in a safe and secure way which prevents injuries and fallings.
- “No Domestic Violence” to deter violent behaviors at home atmospheres.
- Municipal precautions against risky conditions for health
- “Disaster Prevention Programs” including one single number for all kinds of emergency calls, civil defense drills -at schools, -public institutions, -for general public, trainings related to fire issues and first aid.
- “Rehabilitating and Protecting Kepez from Substance Addiction” for protecting youth from Cigarette, Alcohol, Drugs and similar substances and rehabilitating the addicted ones
- Centers for Homeless Children and Young People
- “Mother-Child Training” for developing mother’s positive ego, efficiency, success, self-confidence, and of course knowledge in raising children.

## **Surveillance of Injuries:**

Within the scope of this Project all data are planned to be collected and coordinated by “Injury Surveillance, Data Collection, Analysis Evaluation Working Group” under the umbrella of Kepez Municipality with the contribution of Kepez District Health Group, Kepez District Police Department, Antalya Metropolitan Municipality Fire Department, Provincial Directorate of Social Services, Provincial Directorate of Health 112 Emergency Calls Center, Red Crescent Antalya Branch, and Akdeniz University Faculty of Medicine. Assessment according to Indicator 5, gains from present projects and efforts shall be determined and as a consequence, new projects and practices shall be developed in Kepez.

Number Per Year: (As of 2009)

Traffic Accidents: 2481

Injuries: 397

Suicides: 238

Occupational Accidents: 51

Fire Accidents: 40

Other Accidents: 725

Population Base: 387.119

Started Year: After Kepez has become a district in March, 2008, statistical data exclusive for Kepez has been started to be collected since then.

## **Publications:**

- “We have applied for participation in Safe Communities Network”, Kepez Bülteni VIZYON, Issue 16, Page 44-45.
- “Kepez District is on the way to be in Safe Community Network”, Kepez Bülteni VIZYON, Issue 17, Page 24-25.

## **Staff**

Number:8

Professional:4

Permanent:4

Temporary: 0

**Organization:**

Safe Community Reference Group under the umbrella of Kepez Municipality

**Specific Intersectoral Leadership Working Groups (WGs):**

- Injury Surveillance, Data Collection, Analysis Evaluation WG
- Traffic Safety WG
- Home Safety WG
- Occupational Safety WG
- School and Children Safety WG
- Elder and Disabled People WG
- Sport and Leisure Safety WG
- Prevention of Crime and Violence WG
- Prevention of Risky Conditions in Health WG
- Prevention of Suicides and Injuries WG

**International Commitments:**

WONCA 2004. Orlando, USA. 13-17 October 2004. WONCA SIG Travel Medicine Symposium. Lecture: Preventing Injuries in Travel Medicine by Yaman H.

Participation at EC funded project EUropean NETwork for Safety among Elderly (EUNESE) (Grant Agreement: 2003316): development and action planning for Injury Control and Safety Promotion among Senior Citizens by 27 organizations in 19 countries. EU Health and Consumer Protection Directorate-General. 2004-2008.

Participation at Towards a Safer Europe: Time for Action. A pre-event of the First European Conference on Injury Prevention and Safety Promotion. September 29 - October 1, 2005 Hotel Malaconda, Eretria, Greece. Poster Presentation: Pre-hospital emergency services in Denizli, Turkey by Yaman H.

Participation at EC funded project Injury Prevention Working Party (IP-WP), DG Sanco, EC (Member) (Grant agreement no. 2003313), 2005-2007.

2nd International Social and Applied Gerontology Symposium, April 2006, Antalya, Turkey. Lecture : Injury Prevention in Europe by Petridou E.

7th National Congress of Family Medicine. May 24-26th, 2006. Çeşme, Turkey. Invited Lecture: Prevention of Accidents and Injuries in elderly by Yaman H.

4rd National Family Medicine Days, April 25-29th, 2007, Antalya, Turkey. Session : Safe Communities and Family Practice. Lecturers: Aktuğ MA and Yaman H.

World Violence and Abuse of Elderly Awareness Day, June 15<sup>th</sup>, 2007. Invited Keynote speaker: Prof. Leif Svenstrom, Karolinska Institute, Sweden.

3rd International Social and Applied Gerontology Symposium, April 2008, Antalya, Turkey.  
GeroFam Session: Injury Prevention in Elderly by Petridou E.

Participation at EC funded project Injury Database Pilot Implementation, DG Sanco, EC  
(Grant agreement no. 2005104), 2008.

Performance of EC funded pilot project IDB in Antalya in 2008.

European Emergency Data-based System for Information on, Detection and Analysis of Risks  
and Threats to Health - SIDARTHa, Public Health Executive Agency, EC (Grant agreement  
no. 20072008), 2008-continues.

IDB NDA Training Session. March 5-6<sup>th</sup>, 2008. Vienna Austria.

1st Turkish-German Geriatrics-Gerontology Summer School, March 22-24<sup>th</sup>, 2008. Antalya,  
Turkey. Lecture: Prevention of Falls in Elderly by Goevercin M.

Seminar on the European Injury Database IDB. June 6<sup>th</sup>, 2008. Foreign Trade  
Undersecretary of Turkey. Ankara, Turkey. Invited lecture: The IDB Pilot Implementation  
of IDB in Antalya, Turkey by Yaman H.

2nd Turkish-German Geriatrics-Gerontology Summer School, June 26-30<sup>th</sup>, 2009. Antalya,  
Turkey. Lecture: Technology to Prevent of Falls in Elderly by Goevercin M.

Exchange of experiences on injury surveillance between Turkey and the EU Network on  
injury information ("IDB-Network"). December 17<sup>th</sup>, 2008. Meeting in the Ministry of  
Health, Ankara.

3rd Turkish-German Geriatrics-Gerontology Summer School, October 20-23<sup>th</sup>, 2010.  
Antalya, Turkey. Lectures: Geriatric Assessment and Assessment of Elderly Drivers by  
Yaman A, Akdeniz M.

Stakeholder Meeting: IDB Implementation in Turkey. January 21<sup>st</sup>, 2011. Turkish Ministry  
of Health, Refik Saydam Public Health Institution. Lecture: The Injury Database: An IDB  
Approach by Yaman H.