



Name of the Community : Abadeh
 Country: : IRAN
 Number of inhabitants : 98783
 Program started year : 2009
 International Safe Communities Network Membership: Designation year: 2011
 By European Certifying Centre
 Info address on www for the program : <http://www.abadeh.sums.ac.ir/sc>
 Full Application report: <http://www.phs.ki.se/csp/pdf/applicationreports/267abadeh.pdf>

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Safety Promotion Activities:

Children 0-14 years :



- Identifying prevalent injuries in this age group through data analysis
- Planning and implementing educational program of "prevalent injuries-prevention"

For:

- Kindergarten instructors with the collaboration of Welfare office.
- School teachers with the collaboration of police and Red Crescent Society.
- Mothers having less than 5 -year old children with the collaboration of Family Health unit.
- Kindergarten children and students with the collaboration of Police and Red Crescent Society.
- Implementing practical programmes such as: games with the content of safety, practical education of traffic regulations in Traffic Park.
- Implementing symbolic programmes such as:
 - Kindergarten children's march for injury-prevention.
- Holding memorial exhibitions for traffic injuries victims with the collaboration of kindergartens.
- Holding "earthquake maneuver" at schools.
- Preparing and delivering "Child Injuries" pamphlets in kindergartens.
- Children's participation in administrative programmes such as "School's Police" and "Hamyar-e Police" (Police cooperator).

15-24 Age Groups:

The most prevalent injury within this age group, based on registered data, is motorcycle accident. The priority of educating injury-prevention issues was given to motorcycle accidents and using safety helmets.

- Providing and delivering pamphlets, leaflets and health mottos about motorcycle injury-prevention for high risk groups.
- Holding educational programmes about traffic regulations for high school and university students, scofflaw motorcyclists, health liaisons and local administrations' expert liaisons.
- Punishing scofflaw motorcyclists and arresting their motorcycles for three months.
- Providing safety helmets for motorcyclists with special discount in order to persuade them to use helmets.
- Building motorcycle tracks aimed at motorcyclists' catharsis.

25-65 years Age Group:

- Educating occupational groups such as workers, farmers, shopkeepers, instructors, based on prevalent injuries in each group
- Educating health volunteers and planning in order to convey educational messages to people by them.
- Holding "safe driving" seminar for different groups according to high incidence of traffic accidents.
- Most injuries in this age group include trauma, car accident and motorcycle accident, so following activities were being done in order to prevent injuries in this age group.
- Providing and delivering different publications such as pamphlets of "an introduction to safe communities and their targets ", " safe driving " and " safe trip".
- Holding "safe driving, without injury" seminar.
- Serious follow-up for implementing the mandatory use of seat belts with the collaboration of Traffic police.
- Implementing symbolic programmes such as:
 - Mount climbing with the motto of safety.

65+ year's age group:

Most injuries in this age group include falls and breaks so the priority of education was given to this part and elderly were totally educated Activities for this group include:

- Injury- prevention among the elderly based on "the elderly health" plan and special educational books for them.
- Holding educational meetings for retired people of local administrations with the collaboration of Jahandidegan and Retired clubs.

Programmes for homes:

- Inspecting the situation of safety in rural homes through checklists.
- Educating households with adverse safety situation in order to remove high-risk spots.
- Educating mothers having less than 6 years old children based on "healthy child" plan.
- Collaboration of "health volunteers" in order to implement "homes safety" programme.
- Providing "safe home" booklet and delivering to health liaisons in order to educate households.

Traffic:



- Building ramps at intersections, installing safety signs, building shoulders for suburban roads, asphalt coating of the entire roads, building canals for removing surface water bodies.
- Establishing Card Park and reducing traffic in Imam Khomeini Street.
- Constructing Soghad's bus terminal and reducing traffic in the city center.
- Building parking spaces.
- Widening and paving sidewalks
- Installing propagandistic boards in appropriate places.
- Repairing flashing traffic lights of the entire roads.
- Destroying high risk old buildings.
- Installing speed ramps.
- Leveling and mending bumps in urban streets.
- Installing warning signs.
- Blocking some of the U-turns in Shahid Chamran Blvd.
- Pruning street trees
- Widening, building substructure, asphalt coating and collecting obstacles from the streets.
- Building road dividers to make suburban roads safer.
- Using safety equipments by Izadkhist-Abadeh Road in order to prevent vehicles to deviate from the road.
- Installing rumble strips in suburban roads.
- Installing extrusion lines in order to warn drivers of industrial and high risk spots to reduce speed and increase their alertness.
- Setting the slope of the sub grade and reducing the height between the road bed and the road in Esfahan-Abadeh Road.

Occupational Environments:

- Forming "technical protection" and "Occupational health" committees and surveying existing safety defects in work places.
- Inspecting governmental and private workplaces in rural and urban places by the inspectors of Labor Office.
- Educating Occupational health experts of factories and choosing health volunteers in order to pursue safety issues and conveying necessary educational items.
- Planning and implementing educational programmes for each of the occupations, employees and employers.

Schools:

- Inspecting the situation of safety at schools and completing safety checklists.
- Announcing the observed safety defects to Education Office.
- Educating child injury-prevention and schools' safety issues to principals and instructors.
- Rebuilding schools based on safety principles and standards.
- Providing stop signs to be installed in front of schools.
- Providing educational brochures and journals for schools.

Kindergartens:

- Inspecting the situation of safety in kindergartens and completing safety checklists.
- Announcing the observed defects to managers and determining deadlines for removing the defects.
- Educating injury-prevention in children to managers and instructors.
- Educating traffic signs to children with the collaboration of Traffic police.



Leisure environments:

- Inspecting the situation of safety.
- Inspecting the situation of safety in playgrounds and announcing to municipality and city council for removing defects.
- Pursuing problems by the committee.

Sports Environments:

- Providing safety inspection checklist for sports environments and swimming pools.
- Determining the situation of safety through visits and completing checklists.
- Announcing problems to Physical Training Organization and pursuing by the committee.

Suicide-Prevention Activities:

- Implementing the plan of "Surveying suicide causes for hospital clients".
- Completing the form of registering suicide causes at the hospital.
- Providing educational pamphlets of suicide- prevention.
- Providing consultative support for suicide attempters.
- Educating life skills to university and school students, parents and the public.
- Educating ways of improving family relationships to students.
- Holding consultative meetings for identified high risk groups 3 days a week in the consulting center.

Natural Disasters:

After completion of safety checklists for houses and surveying them, the households having safety problems had necessary educations to solve the problems and timeworn houses, or houses which could not stand natural disasters were introduced to Maskan Organization and with collaboration of Welfare , Red Crescent and Maskan Organization they were reconstructed, also about safety of houses based on checklists we could improve safety of houses from %96.3 in 2007 to %97.8 in 2009.

Other Environments:

Activities for inviting people to collaborate:

- 1) Educating 100% of health liaisons and experts of local administrations about Safe Community.
- 2) Choosing some liaisons as Safe Community cooperators.
- 3) Providing cards for Safe Community cooperators.
- 4) Providing high risk spots form for Safe Community cooperators.
- 5) Identifying high risk spots of each neighborhood by each of the Safe Community cooperators.
- 6) Collecting the forms, surveying issues and proposing the problems in the Safe Community committee in order to remove them.
- 7) Delivering educational publications to people with the collaboration of Safe Community cooperators.

Safe Community Specialized Committee:***Permanent Members:***

Governor, Head of health network, Mayor, Traffic Police Chief, Head of Road & Transportation Office, Road Police Chief, Head of city council, Head of Education Office, Head of Power Distribution Office, Head of Red Crescent, Heads of Gas Company, Welfare, Telecommunication, Labor & Social Affairs Offices.

Temporary Members:

Head of Water Office, Culture & Islamic Guidance, Physical Training, Media, Jihad Agriculture, Justice and Trade Union Administrations.

Program Started Year : 2009

Committee Members : 21

Permanent Members : 14

Temporary Members : 7

Sub committees include:

- Traffic
- Safe School
- Occupational Safety
- Suicide



Ongoing and on time participation in national and international safe community

network

- 1-Visiting Arsanjan Safe Community
- 2-Visiting Neyriz Safe Community
- 3-Hosting Shiraz university principals and asking for necessary guides
- 4-Hosting ministry of health representatives 54
- 5-Hosting WHO CC Safe Community experts
- 6-Design web site www.abadeh.sums.ac.ir