

Safe Community Ludvika Municipality



Name of the Community: **Ludvika**

Country: **Sweden**

Number of inhabitants: **25,800**

Programme started year: **1995**

International Safe Communities Network membership: Designation year: **2000, 2012**

By European Certifying Centre

Info address for the Programme: www.ludvika.se

Full reapplication report 2012: http://www.ki.se/csp/pdf/applicationreports/53ludvika_2011.pdf



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Ludvika municipality considers that injury prevention is a major issue and a priority to respond to the municipality's vision of creating a good environment for both visitors and population. Ludvika municipality has a long tradition of active work to prevent accidents. The main aim has been to include thoughts about accident and injury prevention and to create routines in the ordinary activities in the municipality, both in enterprises and among the inhabitants.

The programme covers the following safety promotion activities:

For the age group

Children 0-14 years:

Home:

- Child health care informs all parents about child safety and how to create a safe environment in the home and surroundings. Age 0-6 years.
- Early interventions and support for families in order to prevent mental illness later on. Age 0-14 years.
- Preventive Parent support

Daycare/school:

- Safety inspection at daycare and pre-schools. Age 0-6 years
- Systematic safety inspections at school. Age 6-14 years.
- All students' gets and equivalent level of fire and safety training during their schooling. Age 6-14 years.
- The technical committee and the social and education committee continuously investigate the routes to school, to make sure the route is safe.
- All pupils receive compulsory swimming lessons. The swimming ability is checked by the grade 5. The aim is to have a high level of swimming ability for all children.
- Swimming school and water games are offered every summer for children

Traffic:

- Bicycle safety for all students in year 4
- Mobility training for bicycle
- Bus safety-safe ride
- Lessons in road safety and road signs
- First aid
- The technical committee and the social and education committee continuously investigate the routes to school, to make sure the route is safe.



Sports:

- Safe associations

Leisure:

- safe associations
- support for children in vulnerable environments



Youth 15-24 years:

Home:

- Preventive Parent support

Traffic:

- Moped safety for all students in the grade 8
- Bus safety-safe ride
- Mobility and technical training for moped driving
- Attitudes and behavior in the field of traffic
- The technical committee and the social and education committee continuously investigate the routes to school, to make sure the route is safe.
- Speed limit at schools and in residential streets
- Don't drink and drive campaigns



School:

- Lessons to prevent the use of alcohol and drugs
- First aid
- Youth fire fighters
- Programs for self-strengthening

Sport:

- Safe associations

Leisure:

- Youth clinic support for young people
- Safe associations

Adults 25-64:

Home:

- Accessibility and safety for all people in Ludvika
- Information on safety matters on the community home page
- Information concerning prevention of home accidents
- Family center for support and prevention of safety matters



Traffic:

- Alternatives for transport, make people use cycle and walking paths for safety
- Cooperation against drugs and alcohol in traffic
- Continuously inventories to seek for weakness in the street network
- Priority of walk and bicycle paths
- Public transport on demand
- Don't drink and drive campaigns



Occupational:

- To reduce and prevent the use of drugs and alcohol
- Routines for safety at the workplace

Sports:

- Safe associations

Leisure:

- Prevention work in restaurants and bars to avoid alcohol related violence
- Local council for crime and violence prevention
- Campaigns for more use of the bicycle for transport and leisure

Elderly 65+ years:

Injuries to persons are one of the major public health problems among elderly people. Therefore senior safety is a priority in Ludvika community.

Methods and routines are well worked out. All staff for care takers are well educated and trained to work preventive and to do individual risk inventories both for elderly in ordinary housing as well as special housing.

Home:

- Checklists and information leaflets are spread
- Fire prevention campaigns and home safety information
- Study sessions for elderly about home safety
- Security exhibitions for the public
- Help to perform safety walks in the house and surroundings
- Information and campaigns for home safety

Traffic:

- Public transport on demand

Leisure:

- Safe associations

Sport:

- Safe associations



Natural disaster:

- The community security group has worked out plans for unexpected accidents and disasters such as power outages and load on the municipality's ability

Violence prevention:

- The local council for crime prevention- annual action plan
- Strategy against organized crime
- Work against xenophobia
- Responsible alcohol serving at restaurants and bars
- The local police department works active with measures against alcohol and drugs
- Prevention programs for parents to prevent drinking among under aged
- Night patrols of volunteer organizations and parents during risk nights
- Parents against drugs, voluntary support for parents
- Programs against domestic violence
- Programs for children who have witnessed violence

Suicide prevention:

- Early interventions and support for families in order to prevent mental illness
- Parent support- community parent education
- Family center for support

- Youth clinic for support
- Self-strengthening programs in school

Programs aiming high risk groups:

- Target programs for individuals with special needs
- Support for vulnerable young people
- Support for children in vulnerable environments
- Unaccompanied refugee children with special needs

Surveillance of injuries:

The county council documents the frequency of injuries

Numbers per year: 1.592

Population base: 25.800

Started year: 1991, temporary registrations.

In 2001 a registration program for all hospital emergency visits.

Since 2005 registrations are available at both emergency and primary health care visits

Publications

Download the reapplication 2012

Bergslagssamverkan. KI report 1999:25

End report 2002, Good quality of life for Elderly People. SPE Project

Ludvika is one of the Safe Communities mentioned in the following reports:

Opening the black box of community based injury prevention programs, Per Nilsen, Linköping University. Faculty of health and sciences, 2006

Children and young people's safety.

Agency of Social protection, MSB 2011.

Staff

Number: 1

Health coordinator, full time

Permanent

Organization:

- Security group in the municipality
- Cooperation group between the local county council and the municipality for public health and injury prevention work
- Steering committee for children and youths

International commitments:

Study visits:

Ludvika has received visits and visited a number of municipalities in Sweden with the aim of providing support and spread the Safe Community work.

- 2003 Nepal

Participation in Safe Community conferences:

- 1997, Falun - Regional injury Conference

- 1998, Tidaholm- National safe Community Conference
- 1998, Norberg, Regional accident and injury prevention Conference
- 1998, Borås, National injury prevention Conference
- 1999; Mariestad, A certifying and Accounting Conference
- 1999, Lidköping, National injury prevention Conference
- 2000, Katrineholm, National network for Safe Community
- 2000, Nacka, Certifying Safe Community Conference
- 2001, Alaska International Safe Community Conference
- 2005, Karlstad, 6th Nordic Safe Community Conference
- 2011, Falun, 20th International Safe Community Conference

Hosting travelling seminars:

- 2001 in collaboration with the municipality of Nacka, Sweden with information for Estonia, Lithuania, Latvia and Russia
- 2011 China, Beijing



Other:

- 1999-2001 Part of the EU Project “Good quality of life at old age through organized home care networks and accident prevention” In cooperation with Finland, Romania, Spain and Estonia.