



Australian Safe
Communities
Foundation

Australian Safe Communities Foundation Inc

Certifying Centre for Safe Community Programs

On behalf of the WHO Collaborating Centre on Community Safety Promotion,
Department of Public Health Sciences, Division of Social Medicine, Karolinska Institutet, Sweden

Safe Community Yuetan Community No. 139

Country: **Beijing, China**
Number of inhabitants: **138,530 (2007)**
Programme started year: **2005**
International Safe Communities Network Membership: **Designation Year 2008**
Full Application Available:

http://www.safecommunities.org.au/upload_docs/200808151011040.Yuetan%20Community%20Application%20report.pdf



Contact:

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The programme covers the following safety promotion activities:

For the age group

Children of 0-14 year(s) old:

- Improvement of safety infrastructure in the kindergarten

Improvement was made on the access system, large safety amusement facilities on the children's playground, and facilities protecting children from sliding and burning in the kindergarten for the purpose of reducing the injuries on the children in their daily activities.

Object	Install or reconstruct project	Invest funds (yuan)
Kindergarten of Ministry of Public Security	Install safety monitoring system	200,000
	Local calling wireless system	3000
	Skidproof artificial lawn	65,000
	Reconstruction for pave safety(including guardrail for trees, railing install in toilet)	3000
	Safety signs in each floor	500
	Door prohibited system in kindergarten	6000
Total		277,500
Kindergarten of Family Planning Commission	Skid-proof cushion	10,000
	Reconstruction of toilet and skid proof	150,000
	Raise the height of doorknob	5000
	Door prohibited of the gate	20,000
	Reconstruction of the pave safety (including guardrail for trees)	10,000
Total		195,000



- Enhancing children’s safety awareness

Such amusement activities as cartoons, flash, chess, and safety blanket were organized to make children actively get to know the knowledge on safety so to enhance their awareness.



- Activity of “Search for hazard sources”

Three teams composing of children from kindergarten, students from primary and middle schools were formed in this activity. The ways of picture painting, sentence making and photo taking were adopted to attract participation of children of different ages and raise their identity about hazard sources and attention on safety.



Youths of 15-24 years old:

The aim of safety education on youths in Yuetan Community was to make safety awareness rooted in the youth’s daily lives, and through the raise of students’ safety awareness to improve the activities of their family.

- Improvement of safety facilities in schools

The improvement plan included barrier-free ramp building, special desks and chairs for disabled students, plastic playground, wrapped basketball backstop and heightened stair armrests to reduce the safety potentials and create safe environment for the juveniles.

- Mental health training for adolescents

In order to relief the psychological pressure of students, schools prepared lessons on mental health given by full-time teachers and invite experts from Children Hospital to offer regular

consultation and direction on physical and psychological health to students with a view to helping them relieved.

Moreover, the schools also arranged training on vocational skills to provide related vocational safety education to the students to be employed so to make them better adaptive to the social environment and healthy growing paths.

- “Sunflower garden---adolescent education”

A column dubbed as “Sunflower garden---adolescent education” was set on the website created by the adolescents themselves----Edition Department of Yuetan Community on the internet. The experts in this field will answer different questions of adolescents on the internet.

- “Happy summer holiday” activities

Cooperated with local policemen, the activities of forming small journalism team of safe community and volunteers of narcotics control were organized to strengthen the adolescents’ responsibility and identifications and to make them far away from hazard factors and environment.



Objective	Time	Theme	Form and content
March, 2006	“Identifying danger sources” activities	The children were classified into three groups, i.e. kindergartens, primary schools and middle schools. [Kindergartens] Picture color filling: let children look for dangerous actions in the cartoon pictures and fill in colors, and then teachers collect the children’s works to explain such dangerous actions in the pictures so as to improve children’s capabilities of identifying the dangerous scenes. [Primary schools] Sentence making with danger sources: combined with the school exercise, let pupils to make sentences with the unsafe actions, states, environments and the injuries possibly to be caused so as to enhance their concern and recognition to dangerous factors. [Middle schools] Shoot danger sources: encourage students of middle schools to look for unsafe actions, states and environments in the community to enhance their recognition to the	Currently the activities have been carried out in 40 schools in the community with more than 3,000 participants.

		unsafe factors in life and provide actual references for the safety hazards eliminating work of the community at the same time.	
2005-2007	Lectures on mental health in adolescence	Targeting at the physiological and mental problems existing in the special growth period of teenagers, Yuetan Community together with schools held auxiliary classes on adolescence education and invited the experts from Children's Hospital to offer periodical physiological and mental health consultations and guidance to the students to help them get through adolescence smoothly.	Held 38 auxiliary classes, established nearly 1,000 psychological files and distributed more than 5,200 safety manuals.
2005-2007	"Happy Summer Holiday" series activities	Carry out "Happy Summer Holiday: Community Children Reporter" series activities in the armed police's camp, which lasted for 7 days. Digging wonderful news of the community through observations and feelings of those children reporters and encouraging them to be an excellent host of a harmonious community.	More than 300 pieces of news articles were collected during the activity. The Best View Prize, The Best Writing Style Prize, The Best Practice Prize and The Best Challenge Prize, etc. were awarded to some participants.
2007		20 teenagers of Yuetan Community became Beijing's drug control volunteers in 2007 and a series of activities were carried out, such as a lecture on Happy Summer Holiday: Safety in the Community, the Happy Summer Holiday: Interaction with Armed Police, the Happy Summer Holiday: Survey on the Happiness Feeling of the Community's Teenagers, the Happy Summer Holiday: No Drugs, and visited Beijing Drug-control Education Base etc.	
2007	Growth On line	Targeting at the communication between parents and children, invite teenagers and parents to the Tv program of Growth Online. Discussed communication problems to teenager psychologist, two programs have been recorded.	Invited more than 60 teenagers and more than 40 parents of the community to participate.
2006-2007	"Sunflower Garden – Adolescence Education"	Taking advantage of the Teenager E-news of Yuetan Community, a characteristic website established by the community's teenagers themselves, the community has established the "Sunflower Garden – Adolescence Education" column and invited experts to answer different problems presented by teenagers on the website.	

Adults of 25-64 years old:

(See Household Injury Prevention Program for details)

- Triple-class network building for improving food safety

Triple-class network covered 26 resident sections within the community. The latest food information was showed in regular way on the food safety board to provide convenience for the residents to acquire food safety information and advance their problems. Food safety in this way was controlled by the residents themselves.



- Establishing psychological health training center

Sanlihe Senior-citizen University was chosen as trial to carry out psychological health training program in ways of questionnaires and lectures. Muxidi Community, as the trial base of mental health regularly held sessions focusing on psychological health, made exhibit boards related to mental health and creates harmonious psychology. At the same time, the psychological training was strengthened among the community servants. The community also acquired the support from Jet Li One Foundation on training of psychological relief volunteers.



- Household emergency lecture and rehearsal activities

Professionals were invited to popularize emergency knowledge and rescue skills once every month in every resident section. The methods how to cope with such emergencies as earthquake, fire and flood, were clearly told to the residents.

Rehearsal of emergency surviving was carried out on the spot with the assistance of earthquake vehicles. So far 1100 residents have acquired the certificate of rescuer of primary level with more than 5000 residents in total participated in this activity.



Group of the old above 65 years old:

(See Injury Prevention Program of the Old for details)

- Establishing senior center without enclosing wall to promote the pattern of taking care of the old at home

Yuetan Community, breaking up with the traditional caring pattern of the aged, was active in promoting senior centers without enclosing walls to make more seniors enjoy professional care at homes. For this purpose, community health station was enlarged and care station and activity centers for the old were established. The improvement on barrier-free facilities was at the same time enhanced to provide overall safety guard for the old in the community. The measures to offer convenience for the old included purchasing climbing assistor for the old, and installing remote video monitoring system and gas warning devices.



- “Close to you and make me warm” track of mental health of 100 olds

From Oct 2005, Yuetan Community, together with Beijing Suicide Research and Prevention Center, Student Communities of Psychological Consulting Center of Capital Normal University and community health stations organized activities focusing on psychological comfort and establishes programs to prevent depression of the old. These activities provided psychological examination and guidance to the old, raised the identifications of them on their own psychological problems and directed them to correctly consult doctors.



- Full play of the community volunteer organizations to provide services to the old

Community safety network established by representatives of community residents, persons responsible for one floor of the resident building and volunteers provided mutual help for the daily lives of the old. The young community volunteers got to know the safety of the old living alone in the community on a daily basis.



There were several safety measures for the community residents, including organizing lectures on safe communities, health and law, and installing devices testing food safety as well as blackboards popularizing public safety (related to transport, fire and food).



Such volunteer organizations as “Home of the old”, “Citizen Schools” and association of the old were formed to organize varieties of activities to attract the old participating in the outdoor sports and entertainment, which provided mental support for the old.

Yuetan Community provided the following safety services in the program:

- ***Traffic injury prevention program***

The construction of traffic infrastructures and management of traffic order was enhanced. A traffic safety managing team composed of traffic coordinators, safety guards and volunteers was formed to lead the traffic at the peak in the morning and evening every Monday and Friday at the stations and roads with crowd residents as well as gates of primary and middle schools with high risk. Wrong behaviors of foot passengers and drivers of automobiles and non-motorized vehicles are also corrected.



For the children and juveniles, the community organized activities such as chess game, cartoon exhibition, as well as training with the scheme of “happy summer vacation and safe traffic”.

For the community residents, the community organized skill training focusing on traffic accident prevention.

For the old, the community arranged traffic safety classes.



- ***Public security injury prevention program***

The technical monitor on the community public safety was enhanced through the establishment of two-class safety network, image monitor, emergency direction system and information platform of the community police station. Patrol composing of community professionals and volunteers was formed to monitor every corner of the community and better improve the prevention network of the community. Popularization of safety and law was carried out, including law education for the adolescents and legal services for the key groups.



- ***Fire prevention program***

The prevention measures including improvement of the old buildings, irregular examination on the risk potentials of the underground space and markets and the management of the fires and crackers removed all the potentials to induce fire. The education on fire prevention was also enhanced, for example, cooperating with the fire fighting departments of community to organize large rehearsals at schools and companies within the community, handing out brochures on self-protection of adolescents and making of indicative banner on fire prevention for the olds.



- ***Injury prevention program at working places***

Examination and management of the hazard sources at the key working places was carried out and emergency rescue schemes were set for the dangerous chemicals. In addition, popularization of public safety was intensified, including hanging banner on safety, handing out popularization materials, setting up popularization station of safe production and organizing exhibitions at main streets, construction sites, shopping centers, governments, schools and production factories every month of safe production (June every year). At the same time, corridor and exhibition corners on security education was established to popularize the knowledge related to safety.



- ***Injury prevention program for the disabled***

The construction of barrier-free facilities was accelerated to ensure safety of the disabled in and out of their homes. The activities called “happy garden” were organized, including:

1. Vocational direction

Annual investigation about the employment of the disabled was made in the community. Every quarter, the community organized to provide directions upon the consultation of the disabled on employment, and registered the job demands of the disabled. Some vocational training was also carried out to create favorable conditions for the disabled with abilities to work.

2. Vocational rehabilitation training

Skill training was set up for the disabled, including computer training for the blind, finger language training for the dumb and deaf, living skill training for the mentally disabled, handcraft training for the physically disabled and training helping remove their psychological disorder. 17 skill training classes have been now set up with 152 training and lectures.



3. Mental rehabilitation training

The community invited volunteers of mental rehabilitation to make plans for the mentally disabled and provided necessary tools and appliances for them. Management of the books in the library was carried out and establishment of book shelves on mental rehabilitation and activity rooms for the disabled were in place. Such activities as chess, reading and entertainment were specially organized for the disabled.



4. Establishment of special service center

A special service center called “comfort garden” was established for the disabled in the community in 2008. All kinds of rehabilitation training were carried out, including installation of self-generate physiological coherence system and computer-assisted cognitive rectification system, newspaper delivery for mentally disabled and offer of special education training for the children of the disabled.



According to the standards of safe communities set out by WHO, and its working aim to make the residents enjoy safe environment every minute and acquire constant safe intervene, Yuetan Community gradually formed the working pattern featured with government guidance, overall planning, resource integration, pluralistic group participation, community intervene, dynamic positioning, and long-term operation. A safety network participated by governments, health service centers, volunteer organizations, enterprises and individuals was established. Much headway has been made in fire fighting, AIDS prevention and control, self and mutual rescue, domestic violence combating and safe production.

Injury monitoring:

Hospital monitor: according to the emergency monitor standards of residents’ injuries set out by Ministry of Public Health, Yuetan Community established injury monitoring network, with Fuxing Hospital affiliated to Capital Hospital of Medical Sciences and community health service centers responsible for injury records.

Monitoring by safety authorities: traffic police station, police station and offices responsible for fire fighting.

Other monitoring: investigation on the residents’ cognitive rate related to safety, including cognitive rate of electricity and gas.

Population: 138,530

Year when monitoring starts: 2005

Data collection: completed by safety evaluation team of Yuetan Community and CDC disease control center of Xicheng District.

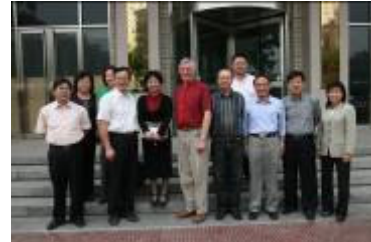
Comparison on the Occurrence Rate from 2005 to 2007

Year	Surveillance time	The injured	Total population	Annual injury rate (%)
2005	All the year	3591	134496	2.67%
2006	All the year	3486	136452	2.55%
2007	All the year	3149	138530	2.27%

Yuetan Community saw an annually declined injury rate from 2005 to 2007. The injury rate in 2007 declined 12.3% compared with that in 2005. Compared with 2005, the injury rates of the aged in 2007 fall by 19.7% respectively, while the children injury rates of 2007 increased by 9.23% respectively.

Exchanges at home and abroad:

- ◆ Presented at Hong Kong Annual Meeting on Safe and Healthy Community Network, established a partner relationship respectively with other safe community network members as well as the communities under construction, actively exchanging the work ideas and sharing the successful experience in November 2005.
- ◆ Took part in the Inauguration of Jinan Youth Park and National Safe Community High-level Seminar in March 2006.
- ◆ Successively took part in the safe community trainings organized by COSHA in September and November of 2006.
- ◆ Went to The Huamu Community in Shanghai, the Meilin Yicun Community in Shenzhen for investigations and exchanges in June 2007.
- ◆ Attended the National Safe Community Building Work Conference held in Shenyang by COSHA and was designated as a Chinese safe community in Sept. 2007.
- ◆ Nov 2007, took part in Annual Conference of Asian Safe Community in Thailand.
- ◆ Visited Hong Kong Safe Community Workshop in Mar 2008.
- ◆ Mr. Henk Harberts, Chair of Australian Safe Communities Foundation Inc. (ASCF), as a Certifying Centre for the CCCSP, Ms Meegan Brotherton, Secretary ASCF and Catherine WONG, General Manager of Hong Kong Occupational Safety & Health Council performed a site visit to Yuetan community for safe community designation according to the criteria of International Safe Communities during May, 2008.



Publications and publicity materials :

◆ Pamphlets

1. Domestic Health Safety Manual
2. Sports and Nutrition Guide
3. Food Safety and Health
4. Common Safety Senses on Domestic Flowers
5. Pocket Manual of Firefighting Safety Knowledge for Employees
6. Residents' Regulation in Yuetan Community
7. Scientific Health Preservation, Joint Creation of Harmony
8. Scientific Life and Health
9. Community Security Comprehensive Management Manual
10. Safe Yuetan Community Creation

◆ Hand-outs

1. Pamphlets of Firefighting Safety
2. Domestic Safety Common Senses
3. Traffic Safety Common Senses
4. Safety Common Senses for Pet Keeping
5. Safe Diet

◆ CDs

1. Ten years of Yuetan Community Pilot Area
2. A short publicity film of safe Yuetan Community: A Safe and a Harmonious Yuetan:

◆ Posters

1. "Respecting Science and Advocating Healthy Life" poster
2. "Notice to Construction Sites Safety" poster

◆ Newspapers and magazines

1. The weekly Civilized Yuetan Community

Staff:

- ◆ Staff in total: 64
- ◆ 64 professional, part-time and full-time employees
- ◆ 54 formal employees
- ◆ 10 temporary employees



Directors :



Li Hongbin, Director of Yuetan Community Safe Community Promotion Committee



Jiang Xiaogang, Deputy director of Yuetan Community Safe Community Promotion Committee