



# DA TRACH SAFE COMMUNITY

## Khoai Chau District- Hung Yen Province

**Name of the Community:** Da Trach

**Country:** Vietnam

**Number of habitants:** 5,188

**Programme started:** 1997

**Website:** <http://www.moh.gov.vn/tainanthuongtich/en>



Historical monument– Da Trach temple

### **Goal**

To reduce incidence of injuries and develop a safe community that can control both injuries and injury risks.

### **Approach**

Following the community-based approach, Da Trach has implemented the safe community development and accident and injury prevention for a wide range of targeted groups. These programs has been integrated into local socio-economic development programs and projects in order to mobilize and coordinate different resources, researches, interventions and information sharing.

### **Achievement**

Up to the end of 2005, 75% of households (975 of 1221 households) reached the Safe home standards; 100% of preschool, primary and secondary schools reached the Safe school standards. The number of injury cases in 2005 educed by 30% compared to that number of 2003 (24 cases in 2003 and 30 cases in 2005).

### **The programs covered the following safe promotion activities:**

- Child safety
- Home Safety
- School Safety
- Road Traffic Safety

- Agriculture Labor Safety
- Festival Safety

### For the age group

#### Children 0-14 years:



Safe handrail-Fall injury prevention

Implementation of Safe Home and Safe School models through the following activities:

- Provide IEC (information, education and communication) materials for young mothers having children under 5 years old and at bearing age on the preventive measures of the common accidents and injuries among children, such as falls, burns, drowning, electrocution, food poisonings.

- Motivate and support households to develop good models of Safe Home: used safe devices, raised awareness of parents related to safety and changed unsafe behaviors of parents.
- Establish and foster the linkages of families and schools in order to exchange and share information related to childhood injuries and prevention.
- Provide consultation services of child safety the community.
- Cover the whole commune with the Vitamin A and Expanded Immunization Programs.
- Improve playgrounds to be safer for children.

#### Youth 15-24 years:



Traffic safety is on accident



Safe playground in secondary school

- Undertake the Traffic Safety Program for Youths: communication, education, motivation and consultation on use of helmet and no alcohol and beer drunk when driving.
- Develop a culture-life model: investigation and supervision at the community have been fostered and communication, education for high-risk groups has been provided by Police.
- Organize cultural clubs for youths.

### Adults 25-64 years:



Youth Union members response to the Social Evil Control Campaign



Safe festival

- Information, communication and education on work safety, reduction of injuries and risk factors relating to agriculture production such as pesticide poisoning has been provided by Farmer Union, Health Workers and Volunteers.
- Develop the movement of cultural-healthy village towards a community without violence, superstition and social evils.

### Elderly 65+ years:

- Carry out the IEC activities and support households to upgrade bathroom floor, courtyard and floor to prevent falls.
- Develop and encourage the elderly to follow the physical exercise movement, to live usefully and to be brilliant examples for young generation.

### At the following environments:

**Home:** Children, elderly, women

**Traffic:** general public, children and youths.

**Occupational:** Farmer

**School:** Children and adults

**Sports/leisure:** Football, volleyball

**Violence prevention:** A community based reconciliation group and a crime prevention committee have been established.

**Suicide prevention:** Supervision and community based consultation activities have been strengthened. The violence data of commune health station has been compared to those of Commune Police and Justice Departments; No death cases are recorded in recent years.

**Program towards "High risk-groups":**

- **Children:** Falls and Burns Prevention.
- **Elderly:** Prevention of fall at home and raising awareness of Safe behaviors.
- **Traffic:** Prevention of alcohol using while driving; Enforcement of Traffic Law
- **Occupation:** Prevention of pesticide poisoning for Farmers.

**Injury Surveillance:**



Injury recording book 1998-2005



Injury interview by health collaborator

Based on the injury surveillance system covering the whole community, all of injury cases and elated information are collected and analyzed by the health staff following the ICD 10 and reported to the district level.

During 2003-2004, the injury trend could be called ‘up and down’, luckily, decreased in 2005. The number of deaths is low. The highest rate of injuries have been found in home accident that followed by traffic accident and labor accident

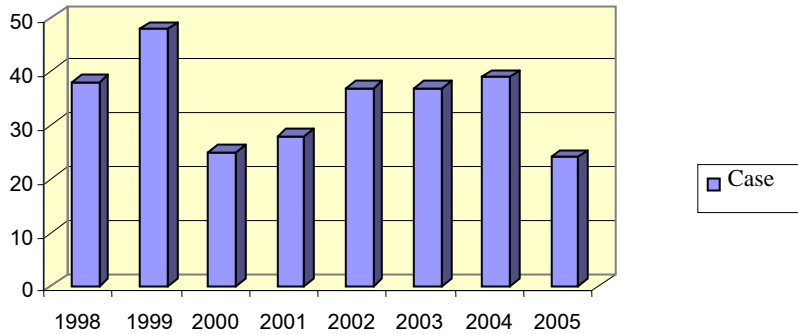


Diagram 1. Injury morbidity data during 1998-2005

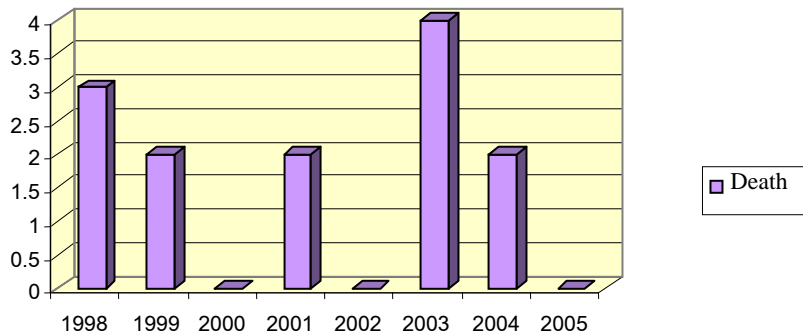


Diagram 2. Injury mortality data during 1998-2005

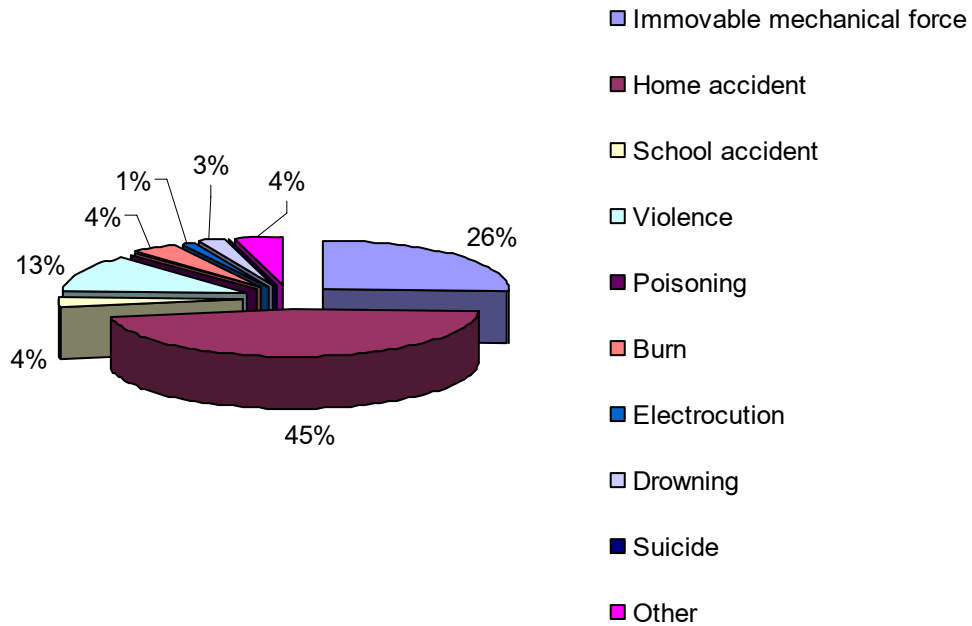


Diagram 3. Injury data by causes

**Publications:** Report of Injury and Injury preventive activities in Da Trach was published in the Newsletter on Accident and Injury Prevention, Ministry of Health, 2004-2005. A draft report of Da Trach Experiences of Safe Community Development will be widely published in the end of 2006.

**Materials for dissemination:**

- Child Safety leaflet
- Exhibition on Injury Prevention and Safe Community Development at communal health station and People’s Committee meeting hall.
- Safe home, Safe school, Safe Community posters

**Staff**

**Number:** 2 persons

**Professions:** Medical doctors

**Permanent:** N/A

**Organization:** Da Trach health station



Mr. Thuy- Head of communal health station

**Intersectional Steering Committee:**

There is a Steering Committee with 15 members representing for different local branches, sections and organizations. Members of the Steering Committee are representatives of the Women Union, Youth Union, Fatherland Front, Farmer Union, Elderly Union, Red Cross Association, Health Station, Schools, Policeman, War Veteran Union, Party Cell, People's Committee, Electrics Section and Cultural-Information Section and village leaders

**International commitments:**

**Study tours:** Study- tour on Safe Community development in Australia, 2004 (DR. Tran Xuan Khanh MD, Chief of professional and planning Department of Provincial Health service, Hung Yen, Da Trach permanent consultant for AIP/SC).

**Participating in Safe Community conferences:** The 3<sup>rd</sup> Asian regional conference on Safe communities in Taiwan, October 2005 (Dr Le Van Luong MD, Vice-Chairman of AIP/SC steering committee of Khoai Chau District-Da Trach permanent consultant for AIP/SC)

**Visitors:** In 2004, Prof. Ian Johson, WHO short-term consultant visited and provided invaluable advices to members of the Steering Committee on AIP/SC for improving the various activities for AIP/SC.

In 2005, Dr. Anders Norman, International Short-term Consultant, Vietnam-Sweden Health Cooperation and Sipu International AB, visited and provided valuable advices on injury surveillance system and safe community development.

In 2006, Dr. Joon Pil-Cho, Director of Emergency Medical Center of Ajou University hospital, Suwon of Korea had a field visit for designation. He provided many valuable advices in injury surveillance.

**For further information contact:****At National level:**

- Dr. Nguyen Thi Hong Tu PhD. Deputy Director, Vietnam Administration of Preventive Medicine- Vice-Chairman of Injury Prevention Steering Committee of Health sector- Head of Injury Prevention/Safe Community Development Programme, Ministry of Health, Vietnam.

Phone: 84 4 7366349 Fax: 84 4 7366241

Email: pctntt@yahoo.com

- Dr. Luong Mai Anh MA, Secretary of Injury Prevention/Safe Community Development Programme, Ministry of Health, Vietnam.

Phone: 84 4 7366349 Fax: 84 4 7366241

Email: pctntt@yahoo.com

**At Local level**

- Dr. Nguyen Van Thuy MD, Chief of the Da Trach Communal Health Station,

Phone: +(084) 321 915858

- Dr. Tran Xuan Khanh MD, Chief of Professional and Planning Department from Provincial Health Department, Hung Yen Province, Da Trach Permanent Advisor for AIP/SC  
Phone: + (084) 321 862 859  
Fax: + (084) 321 556268  
Email: [tranxuankhanh64@yahoo.com](mailto:tranxuankhanh64@yahoo.com)