



KAROLINSKA INSTITUTET
Department of Public Health Sciences
Division of Social Medicine



WHO COLLABORATING
CENTRE
ON
COMMUNITY SAFETY PROMOTION

SAFE COMMUNITY WEEKLY NEWS

NO. 10
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***** LETTER FROM THE EDITOR*****

Welcome to the tenth issue of Safe Community Weekly News, the electronic SC Weekly News will be send from Harstad on behalf of Safe Communities Network.

WHAT IS NEW AT SAFE COMMUNITIES?

In this issue:

- **SITE VISIT: Tuen Mun Candidate for being designated 2003-Hong Kong**
- **WELKNOWN PROFILES: Pierre Maurice, Canada**
- **SHARING EXPERIENCES: Jane Young visit to Harstad, Norway**
- **PROGRAM: Dare in the Rainy River district, Canada**
- **CONFERENCE: 2ND international Safe Community Conference on Cost Calculation & Cost-effectiveness in Injury Prevention & Safety Promotion**
- **SAFE COMMUNITY BABY: Leo Andrew Sternhell, Australia**

Site Visit in Tuen Mun – Candidate for being designated 2003 - in Hong Kong

These community was visited on 5th of March 2002 by professor Leif Svanström.



L: Emergency clinic of Tuen Mun hospital - an important source of information for injuries and its causes.

R: Community Services Centre at Tuen Mun hospital - the centre for safe community work. On photo Executive Hospital Chief and responsible for community services.



Safety education material provided by OSHC in Hong Kong – affiliate Safe Community Support Centre.

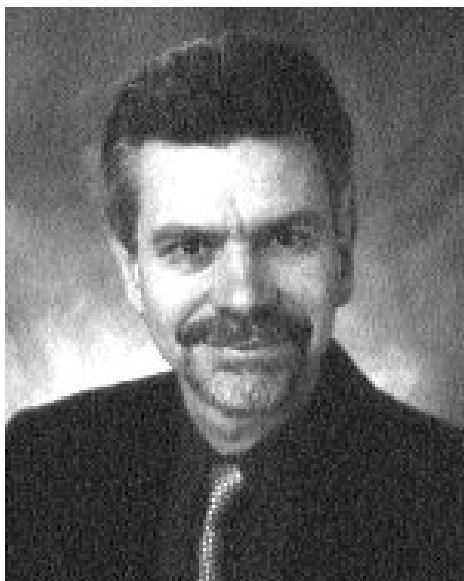


Typical housing estate in Tuen Mun, dominated by highrisers.



L: Firefighters instructing eagerly listening citizens in a housing estate in Tuen Mun.
R: Retired people are also focus for safety promotion in the Tuen Mun community.

WELKNOWN PROFILES IN THE SAFE COMMUNITY MOVEMENT



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DIPLOMAS

Novembre 89 Community Health Medecine from the Royal College of Physicians and Surgeons of Canada and from the *Corporation professionnelle des medecins du Québec*.
Université Laval

Décembre 87 Master in Business Administration (MBA).
Université Laval

July 77 Family Medecine from the *Corporation professionnelle des medecins du Québec*
and from the Canadian Familylly Physican College
Université Laval

Novembre 76 MD from the *Corporation professionnelle des medecins du Québec* and the
Canadian Medical Council (LMCC).

SUMMARY OF PROFESSIONAL EXPERIENCE

I was trained in medicine, community health and business administration at Laval University in Québec city. After practicing family medicine in a small community in Québec, then in a bush hospital in the Comoro Islands, he was appointed coordinator of the Public Health, Environment and Injury Prevention team at the *Enfant-Jésus Hospital* in Québec city. He is currently responsible of the "*Sécurité dans les milieux de vie*" team of Public Health professionals at the "*Centre de Santé publique de Québec*" as well as at the "*Institut national de santé publique du Québec*". He is also associate and clinical professor at Laval University. Since 1995, as Director of the Québec WHO Collaborating Center for Safety Promotion and Injury Prevention, he was recognized by WHO as an expert in accident and injury prevention.

MAIN PUBLICATIONS

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SHARING EXPERIENCES: JANE YOUNG VISITED HARSTAD



Jane Young health visitor and the leader of clinical governance in Cheltenham, Gloucestershire England arrived in Harstad on Saturday the 2nd of March. Her stay lasted 6 days.

The purpose of her visit was to gain knowledge on standard protocol work regarding safe and evidence based practice. Another important issue was to develop lasting professional networks and discuss different initiatives not only in the field of accident and injury prevention but also in public health in general.

Harstad had planned Janes visit well in advance. The town looked its best covered in a carpet of white snow. The northern lights danced in the sky and the arctic sun shone for the duration.

Sunday was spent on the downhill slope. Jane was informed on the use of safety equipment, helmets, harnesses, and given an idea on how some Norwegian families spend their spare time. During the week Jane was shown different initiatives in Harstad.

We exchanged views and shared experiences. Jane was given information on **Safe Communities** and will bring back information on the concept to England. We hope the visit will promote the safe community concept and contribute to the development of lasting professional networks.



From L to R. Solveig Rostøl Bakken (Public health nurse-Harstad), Anne Clancy (Chief public health nurse-Harstad) and Jane Young (Leader of clinical governance in Cheltenham, Gloucestershire, England)

DARE in the Rainy River District

In 1996 two Ontario Provincial Police community officers visited a DARE class taking place in the border town of International Falls, Minnesota. They were so pleased with the program that they immediately started to work towards expanding the program to encompass the entire Rainy River District School System.

The program is Drug Awareness Resistance Education. The local detachment of the Ontario Provincial Police sent two of their officers to the United States to take the DARE Officer Training.

When they returned they took the program to the Rainy River Valley Safety Coalition and asked to partner with those other organizations to seek funding to sponsor this program in local schools. Working together, the group finally raised the funds needed to successfully implement the program in a few local schools. The core program was delivered to grade 6 students and consisted of 1-7 lesson plans and helps build self-esteem.. Since then the program has expanded to include grade 4 and grade 8.



New DARE expansion for 2002 – DARE for Grade 10 Students.

This program has been delivered to Fort Frances High School students. They plan to expand to 250 grade 10 students in the next semester year. Topics in the course range from driving while impaired and drug testing to manage anger and safe and healthy teen relationships, giving teens information they need to make the right decisions. They use role-playing and classroom discussions and experiences of the police officers.

The students reported that they have a greater appreciation for the law and more awareness that violence happens here too, such as date rape, drunken alcoholism, verbal fights, assaults and more. They were astounded to hear that students have the fastest-growing crime rate in the country, and that one in three are afraid to walk home alone at night. Students wrote that the role-playing and real-life examples made a big impact on them. One also wrote a thank you to officers for bringing up the subject of violence in the classroom. The officer and teachers goal is to reduce violence and make things safer for teenagers.



Impaired Driving Simulator

This is an impaired driving simulator demo/car that was the brain-child of the Ontario Provincial Police and the Substance Abuse Prevention Team. The SAP team received funding to pay for the building of the car simulator and to purchase the impaired simulation goggles and driving video game. This group uses the simulator at District events so that residents of driving age can try the simulator out and see how hard it is to drive under a simulated driving while impaired experience. This has been a huge success and other neighbouring communities have even built their own simulators.



2nd International Safe Community Conference on Cost Calculation and Cost-effectiveness in Injury Prevention and Safety Promotion

**Falun, Dalarna, Sweden
11-12 June 2003**

Priliminary Program and Call of Papers
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Safe Community baby

This is a "2 days" photo of a little Leo Andrew Sternhell, born 6.12.01, His mother is a welknown Jennie Pry, the state program coordinator NSW Safe Communities, Now she is in maternal leave and writing her thesis on "The role and practice of a Safe Communities coordinator".
Congratulation's to Jennie!!! and a Safe Life for a little Leo Andrew.



Please send your activities, programs and reports via post/ e-mail to the editor: Yousif Rahim yousif.rahim@harstad.kommune.no,

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