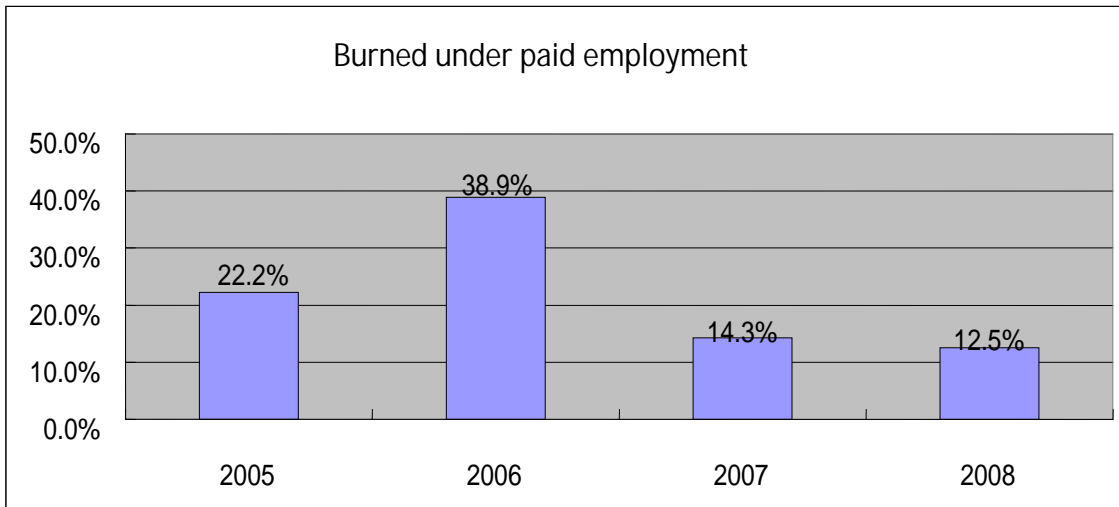


Alishan Safe Community Annual Report from 2006-2008

•Burn Prevention Program



- Content: In 2006, the occupational safety group found out the major cause of burn injury was the harvesting and processing of the local bamboo shoots. In 2007, we managed to prevent burn injury. In 2008, the members of the occupational safety group and Professor of food processing at National Chiayi University opened a “Sbuku industrial development and occupational safety training” class to prevent burn injury caused by boiling bamboo shoots. The class and safety promotion successfully decrease the burn injury caused by boiling bamboo shoots by 26.4% in the community.

•Seniors Safety Promotion Program – Class for Seniors

- Target: Seniors in the community
- Goal: To improve seniors’ self help skill
- Program started year: 2006
- Implementation methods: The class is held two times annually. The content of the class can be suggested by seniors, which is combining with fall prevention and home safety information. The classes mainly use Tsou language in order to help seniors to understand the content.
- Results: We invited seniors at the age of 55 or over in Alishan Community to join the class. Each class has about 50 participants.

• Tourism Safety Promotion Program –Tanayiku Natural Conservatory Area

- Target: Tourist
- Goal: Tanayiku is a natural conservatory area, which gets lots of visit by tourists every year. Since Tanayiku is located in the mountain region, the trails must have

certain safety protections in order to reduce the incident of slip or fall, which can also improve the safety of fish watching in the area.

- Program started year: 2004
- Difficulties of implementation and solutions: Due to typhoon, heavy rain, and other natural disasters, the safety facilities in Tanayiku were often damaged, and the trails could hardly pass through. The Alishan Tourism Safety group solves these problems by contacting the repair units and companies in time to make sure the damage part is repaired as soon as possible. (Note: after the Flood on August 8, 2009, the whole area was destroyed.)

•Setup the Community Emergency Medical System

- Target: Local residents and tourists
- Goal: To make sure residents or tourists can receive the best medical attention in the shortest time when incident happened.
- Program started year: 2003
- Implementation methods: Before 2008, the training was focusing on survival skills in the wild and forming mountain youth rescue team. Starting in 2008, the additions of river rescue technique, rescue equipment demonstration, CPR, Heimlich maneuver demonstration and practice, and basic assessment of trauma patients (including basic first aid skills).
- Results: The Alishan Community has 13 first aid stations, which is assisted by committee member Mr. Jian-hsiung Wong for supplementary of medication and injury record.

•Participation in International Safe Community Conferences

April, 2006 – The 15th the International Safe Community Conference - Cape Town, South Africa - Attended by three representatives.

- One oral presentation.
- Three poster presentation: No.61 Road Safety, No.76 Electricity Safety, No.77 Emergency Medical System.



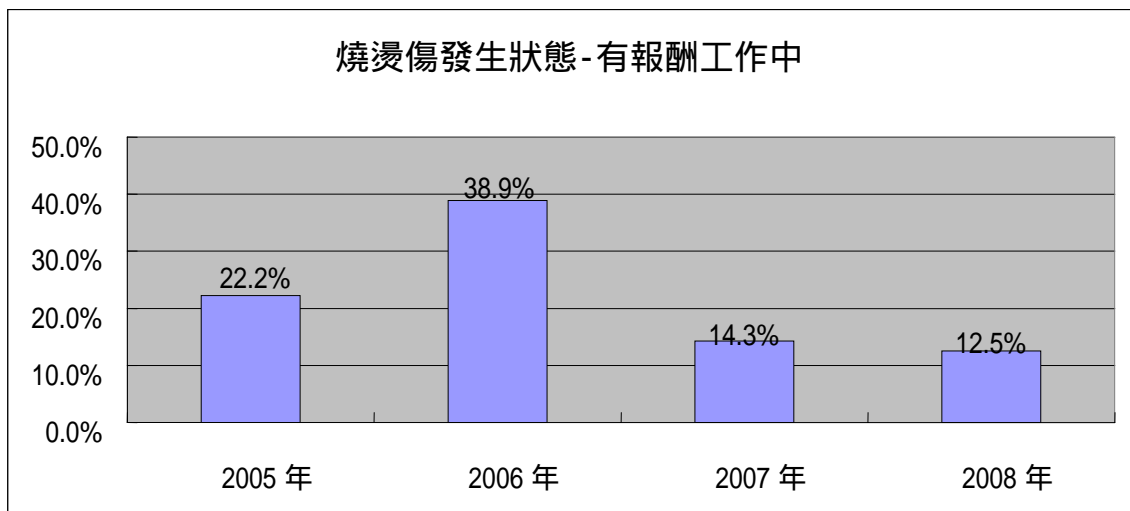
November, 2007- The 4th Asia Regional Conference on Safe Communities – Bangkok, Thailand - Attended by nine representatives.

- Two oral presentations.
- Eight poster presentations.



阿里山安全社區 2006-2008 年度報告

● 燒燙傷防制方案



- **內容說明：**2006 年職業安全組委員發現燒燙傷事故之發生原因，最大的問題點在籐筍的採收及加工。2007 年開始進行煮筍燒燙傷的預防宣導，職業安全組委員並與嘉義大學食品加工系教授討論後，在 2008 年採筍期間開辦了「Sbuku 產業發展及職業安全教育訓練」課程，降低煮筍而導致的燒燙傷事故發生，社區內因煮筍而導致的燒燙傷事故傷害發生率也下降了 26.4%。

● 老人安全促進方案 - 銀髮族學堂

- 計畫對象：社區內的老人
- 計畫目的：促進老人生活自救的能力
- 計畫起始時間：2006~
- 執行方法：每年辦理兩次，每次課程的內容由老人提議，並搭配防跌、居家安全等資訊，上課時，也會多以鄉語為主，來增加老人對課程的了解
- 執行成果：邀集阿里山鄉南三村 55 歲以上老人參加銀髮族學堂的課程，每季辦理一場，每場約 50 人參加。

● 觀光安全促進方案 - 達娜伊谷

- 計畫對象：觀光遊客
- 計畫目的：達娜伊谷為一自然保育觀光區，經常都有很多的觀光客來訪。由於此觀光區位在山區，因此在步道上需保有一定的安全措施，以降低滑倒、摔落的事故發生，也促進園區賞魚的安全。
- 計畫起始時間：2004~

- 推動困難及解決方案：達娜伊谷位處山區，常因颱風、大雨等天災，而使相關安全設施毀損；在步道安全的部份，常受不可抗拒的天災影響。因應的方式是隨時與修繕單位及廠商有通暢及迅速的連繫管道，以使毀壞可以儘快被整理及改善（註：2009年8月8日水災後，達娜伊谷整體園區被沖毀）

● 設置社區緊急救護網

- 計畫對象：社區民眾與遊客
- 計畫目的：使民眾或遊客發生事故傷害時，能於最短時間內獲得妥適之醫療照護。
- 計畫起始時間：自 2003 年起，為阿里山安全社區長期永續之安全活動
- 執行方法：歷年訓練主題以野外求生術及組訓山地青年隊為主要訓練課程。2008 年，進行河川溺水救助術示教、救難設備解說示教、心肺復甦術及呼吸道梗塞之排除示教及實地演練、傷患者之基本評估(止血、包紮、固定、搬運)等課程。
- 執行成果：阿里山南三村共設有 13 個簡易救護站，定期由汪堅雄委員協助各站之藥品更換及記錄傷害案件等資料。

● 參與國際研討會

2006年4月-第十五屆國際安全社區研討會 / 南非 開普敦，3位代表參加



- 發表口頭論文 1 篇
- 發表海報式論文 3 篇：NO.61，道路安全、NO.76，用電安全、NO.77，緊急救護網

2007 年 11 月-第四屆亞洲區安全社區研討會 / 泰國曼谷，9 位代表參加

- 發表口頭報告 2 篇
- 發表海報 8 篇

