



2009 Neihu Safe Community Annual Report

Home Safety Promotion

(1) Since 2007, the children safety self-inspection activity, "Household Safety Assessment" has continuously applying to households in Neihu District. According to the result of the assessment, it stated that families as a whole's unsafe ratio is lower than the families who have never participated in self-assessment forms. The ratio of the unsafe family who's living in Neihu District is lower than those who live in other district. This shows that these activities will help to raise the awareness of household safety.

(2) As for elderly household safety, who were taken care by the volunteers in the community to proceed "anti-fall factor screening program" questionnaire survey, there were 262 valid surveys returned. They will be educated by health education and they will take another test after three month. There are increases of people that exercise regularly, better than expected. The survey results indicated that 226 people, accounted approximately 86.3%, may benefited from the health education. The people who have participated in "anti-fall program" have improved their body conditions in many ways, and the overall ratio of falling has declined.

(3) As for drug safety promotion, they have set up seminars and advocacy activities. At the same time, they conducted surveys on the general public. 172 surveys were returned, then they compared the score between before and after the health education. Before the health education, the average result of health knowledge was 96.05, and the average result after was 98.31 (88% of the people have a perfect score).



School Safety Promotion

(1) Ongoing counseling schools in Neihu district to become international safe schools. Nanhu Elementary School became an international safe school in 2008, and this year, we counsel Neihu Vocational High School to develop safe school program.

(2) As to the continuation on the promotion of "Campus Safety Vanguard Program" in 2008, there will be two schools which would participate in the program this year. The responses they gave were mostly positive. The children were really satisfied with their role as safety vanguards. After discussing with the inspectors in the Neihu district, Bureau of Education has selected one to assist the co-processing programs. Next year, we expected to expand

up to 13 elementary schools to establish Campus safety vanguard team. It would be a breakthrough in public-private sector cooperation.

- (3) As to the continuation on the implementation of "Safe Walk to School" program since 2007, four elementary schools have promote surveys to proceed the environmental improvement. The work on pick up, pedestrian transportation facilities etc. are the major focuses in order to provide children a safe environment to walk to school. Up until Oct. 2009, there are still 7 new programs which are under construction.



Road Safety Promotion - Bike Safety Promotion

From 2007 to 2008, the bike injuries have increased from 44 cases to 90 cases. Among them, the injured who were involved in the injury incidents were mainly teenagers. Therefore, we provided road tests for students so that they could understand the relevant road rules and learn proper ways of riding a bike safely. In one Junior High School, we compared the scores of the students before and after the training, and found that before training the score has an average of 75, and after the training the average score increased up to 90. According to the opinion survey, there were 98% of students who participated the training thought this project was necessary, and 85% of them thought this program should be widely advocated. So far, there are two junior high schools joining the project, and it was expected to spread 6 more schools next year. This safety promotion project also received great support and recognition from the Motor Vehicles Office, Taipei City Government.



Shopping Place Safety Promotion

For the safety check-up to be conducted on four hypermarkets in the district (RT-1 Hall, RT-2 Hall, B & Q., Carrefour), a total of 24 advantages and 6 disadvantages are vetted out, and we found that, owing to workplace safety were strongly promoted, the relevant safety environments, facilities and others, are all elevated. At the same time we realize that they

categorize according to many different safety rules, (such as the controlling of number of people in store, controlling devices, and compartments that's fixed on the floor surface and addition of anti galls or chains to the displaying items that are tended to fall) . With the above mentioned measures improvements in shopping places, the injury incidents are declined to the minimum.



Sports and Recreation Safety Promotion

There are always drowning incidents in the summer; especially during summer vacation periods (July to August) is the peak of drowning incidents. In recent years, due to adjustment of the examination system in Taiwan, there are always drowning incidents in May to June, and most of the drowned are high school students. Therefore, the implementation of the "Summer Safety playing in the water drowning prevention advocacy program" for high school students, such as providing correct knowledge on "knowing water characteristic", "stay away from danger", "self-safety protection" by attending class and practical exercise is conducted. People are also asked to be aware of the "drowning prevention" as part of their everyday rules. So far there are 5 high school students who have finished the advocacy on injury prevention program, expect these concepts on intentional injury prevention will be widely used next year.



Intentional Injury Prevention

The purpose of this program is to help residents with knowledge on prevent suicide by burning coal. We set reminders and posters for residents to get help in 4 hypermarkets in Neihu.



Households defense community safety promotion

In order to increase interaction and enhance community safety, we provide residents with multi-level safety promotion mechanism for emergency relief the "community emergency notification system" is being implemented on a trial basis within the Neihu District. 60 households in need for special care were picked as the objects. Emergency buttons have been installed in the household to make emergency calls to the chief's office directly in case of an emergency,



and then the borough chief would then help to contact the person's family members or make emergency disposal, and the system is committee's responsibility for maintenance. The completion of the current online trial system has been installed.

National Commitment:

1. Beijing National Normal University visits Neihu District
2. Neihu Safe Community member visit Bravo FM 91.3- to share experience of developing safe community program
3. Department of Public Health, National Taiwan University, visited the Neihu Safe Community
4. Neihu Visit Dungshr Safe Community
5. NTUT Design Institute visits Neihu Safe Community
6. Hsichih Xiufeng community community meetings - to share experience within the Neihu Safe Community
7. Visit to Nangang Community
8. National Police related personnel visited the Neihu Safe Community
9. Gongguan Community, Miaoli County, and Xiufeng Community, Taipei County, visit Neihu
10. Visit to Heping Community, Taichung County
11. Heping Community visits Neihu Safe Community
12. National welfare community-based observation – Neihu Safe Community



International Commitment:

1. Japan Atsugi personnel visits Neihu Safe Community and has a commitment of experience
2. Zhabei District, Linfen, China Street VIP visits
3. The experts of safe community visit Danghu Junior High School
4. Putuo District, Shanghai Changzheng Town visits Neihu Safe Community and have an observation commitment
5. The 5th Asia Safe Community Conference



居家安全促進

- (1) 延續 2007 年持續辦理「我家好安全」幼兒居家環境安全之自我檢測活動，發現填寫過評核表的家庭整體不安全比率低於未曾填寫過的家庭，居住在內湖區的家庭不安全比率也略低於非內湖區家庭。顯示辦理此等活動有助於居家安全意識的提升。
- (2) 長者居家安全方面，由種子志工於社區進行「防跌因子篩檢」問卷調查，有效問卷數回收為 262 份。在經過衛教約三個月後再度調查發現，有定期運動者比前測的數值增加，在運動項目的調查結果指出，有圈選進行防跌運動 333 的受測者有 226 位，佔 86.3%，可能顯示此次的運動衛教是有成效。此防跌課程對於參加者的身體組成及多項體能指標有達到改善及提升的效果，並降低跌倒的發生的機率。
- (3) 居家用藥安全教育宣導方面，舉辦講座及宣導活動，並進行民眾用藥情況調查結果及分析，回收有效問卷 172 份，全部有效問卷之前測平均得分與後測平均得分：前測平均 96.05 分、後測平均 98.31 分（滿分者佔 88%），平均每人進步 2.27 分。



學校安全促進

- (1) 持續輔導內湖區學校成為國際安全學校，繼 2008 輔導內湖區南湖國小成為國際安全學校後，今年度輔導內湖高工推動國際安全學校計畫，希冀能成為全台灣第一所國際安全高工。
- (2) 延續 2008 年推動的「校園安全小尖兵計畫」，今年度新增加兩所小學加入推廣行列，學校及家長的反應良好，學生也對於擔任安全小尖兵這樣的職務感到光榮。與內湖區督學討論後，教育局已選定專人負責協助共同辦理，明年度預計擴大至全區 13 所小學均成立安全小尖兵團隊，實為公私部門合作的重大突破。
- (3) 延續 2007 年辦理「安全上學去」方案，在 4 所國小周邊進行學生上下學環境改善，主要針對接送區、人行道、交通設施等項目，以期讓學童能享有安全的通學環境。至 2009 年 10 月，仍有 7 項工程尚在執行中。



交通安全促進—自行車考照方案

內湖區的自行車事故傷害案件數自 2007 年至 2008 年更是從 44 件增加到 90 件，其中受傷的年齡層多集中於青少年。因此我們規劃考照活動，使學生能了解相關的交通規則及學習正確安全的騎乘方法。在率先辦理的 1 所國中內，我們比較學生在接受訓練課程前後的測驗成績，發現學生在上課前平均成績 75 分，上課之後測驗平均進步到 90 分。根據意見調查顯示，參與的同學認為此計畫對於自行車安全有幫助者佔 98%，認為此計畫應持續並擴大辦理佔 85%。目前區內已完成 2 所國中考照活動，預計明年擴大至區內 6 所國中均完成考照活動。此考照活動也獲得台北市監理處的大力協助與認同。



消費職場安全促進

針對區內 4 大賣場進行安全總體檢(大潤發 1 館、大潤發 2 館、B&Q 特力屋、家樂福)，共檢核出 24 項優點及 6 項缺點，我們發現到由於消費職場安全促進推動委員會的大力介入，各賣場對於相關安全環境、設備及知識等均有提升，同時也發現賣場針對安全也納入許多不同作為(賣場人數管制器、置物架固定於地面上，易跌落展示物品加設防跌桿或鍊條)，用以提升安全，降低事故傷害的發生機會。



救援及休閒運動安全促進

每到夏季溺水事件頻傳，尤其是在學校放暑假期間(7、8 月份)是溺水的高峰期。近年來因台灣考試制度調整，溺水事件提前至 5、6 月就會有發生的情形，而溺水的對象又以中學生為多。推行「夏日安全戲水防溺水宣導計畫」，針對中學生以上課及實際的方式給予正確的「認識水性」、「遠離危險」、「保護自我安全」，進而勸導同伴或遊客「注意防溺水」，讓大家把「防溺水概念」變成生活常識，目前已完成區內 5 所中學宣導訓練，預計明年擴大舉辦。



蓄意性傷害防制

為擴大宣導並預防燒炭自殺事件的發生，搭配區內 4 家賣場於販賣木炭處張貼溫馨小提醒及海報，讓民眾可以立即找到管道尋求協助。



社區家戶聯防安全促進

為增加鄰里互動及強化社區安全意識，提供住戶多層面安全緊急救援機制，於內湖區試辦推行「社區聯防緊急救援通報機制」，挑選里內 60 戶需特別關照住戶（如獨居老人、行動不便…）作為試辦對象，於該戶家中安裝傳送主機及緊急按鈕，遇有緊急經傳訊到里長辦公室，再由里長協助聯繫其家屬或緊急處置，系統設備則由本委員會負責維護。目前系統已裝設完成，上線試用中。



國內交流：

1. 北京師範大學參訪內湖區
2. 內湖安全社區成員至台北都會台—分享內湖國際安全社區經驗
3. 台大公衛所拜訪內湖安全社區
4. 參訪東勢鎮國際安全社區交流會
5. 北科大設計研究所博士班來訪
6. 汐止秀峰社區安全社區會議—分享內湖國際安全社區經驗
7. 南港區茶山參訪
8. 警政署相關人員拜訪內湖安全社區
9. 苗栗公館與汐止秀峰社區參訪
10. 準認證社區參訪教學觀摩行程-台中縣和平鄉
11. 台中縣和平鄉至內湖國際安全社區觀摩學習交流
12. 全國福利社區化觀摩-內湖國際安全社區



國際交流：

1. 日本厚木市人員至內湖安全社區經驗交流
2. 大陸閩北區臨汾街道貴賓參訪
3. 安全社區專家蒞臨內湖參訪指導
4. 上海市普陀区长征鎮至內湖國際安全社區觀摩學習交流
5. 第 5 屆亞洲區安全社區國際研討會

