



Australian Safe
Communities
Foundation

Australian Safe Communities Foundation Inc

Certifying Centre for Safe Community Programs

On behalf of the WHO Collaborating Centre on Community Safety Promotion,
Department of Public Health Sciences, Division of Social Medicine, Karolinska Institutet, Sweden

Safe Community Lijia Community No.192



Name of the Community: **Lijia Community**

Country: **PR China**

Number of inhabitants: **88532 (2008)**

Programme started year: **2002**

Full Application Available:

http://www.safecommunities.net.au/upload_docs/201006012006280.Lijia_ISC_Application.pdf

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The programme covers the following safety promotion activities:

For the age group

Children 0-14 years:

Pupils Day-care Centre

Lijia community Pupils Day-care Centre is a trusteeship service organization that takes care of pupils from working couple families who are unattended after school. The day-care centre is an ideal place with elegant environment, strong cultural atmosphere for children to stay safely, learn happily and grow healthily after school.

The day-care centre adheres to people first concept and always bases on 'all for children' principle. There are specially assigned person to pick up children in the school on regular time and put attending on pupils' safety after school, guiding them finish homework on time as well as making sure pupils' healthy growth on the first place. Outdoors lays colour clay ground, gymnasium equipments and indoors there are scientific and educational books, hand working teaching aids, intelligence toys and etc., these ensures a messy material basis for pupils' healthy development both mentally and physically.



Youth 15-24 year:

Cherish life, aloof drugs

Lijia Community Drug educational centre was established on April, 2009. It mainly introduces drug kinds, their damage to human body, physical and mental health, legal responsibility of drug taking and drug trafficking. It has an annual visitor of over 5000. Every year on Jun. 26 our community promotes a large scale, multilevel and multiform propaganda to promote the society especially young people to know the drug damage better, strengthen youngsters' conscious of refusing and avoiding drugs. Drug control is an everlasting and collar work. In the process of drug control our community continues to take the advantage of the Communist Youth League, mobilize all league

levels and young people to participate actively in the fight for drug control. Educate and guide youngsters to acknowledge the harm of drugs, aloof them consciously, prevent and reduce the youth illegal criminal activities. Take drug educational centre and propaganda as supporter, we blockbuster drug control upsurge in the entire community and declare a large scale war to make drug criminal activities a 'a rat crossing the street is shamed by all' posture to create a genuine favourable social environment for youngsters' healthy growth.

Adults 25-64 years:

Lane forums

Lijia community's alley bema was established in 2003. One alley bema in one neighbourhood committee, training residents about general knowledge on safety and popular science as well as current events at regular time—focuses on diet healthy, traffic safety, fire prevention, gas and electricity security, disaster prevention and mitigation, psychological counselling, and sports security. Make full use of resources in the community to equip and facilitate the study and make a combination of ideological, intellectual and interestingness. Adopt the study method of teaching inside and emulating outside to furthest satisfy the multiform and specify needs of community members from different careers, different ages and different cultural backgrounds. By means of study to get residents progressed in safety consciousness; make their diet health more theoretical and scientifically.

Elderly 65+ years:

'Push to talk service'

In 2006, Lijia community has installed 'push to talk' service for elderly person over 75 who are of no family, community volunteers provides services such as buying vegetables, buying every day use articles, accompanying by going to hospital and buying medicine, pay fees and etc.

All-In-One Card

Carry out 'one card' service for elderly person over 65, take this card they can enjoy high quality and favourable service in the prescribed service net includes medical treatment, diet, transportation and so forth.



At the following environments:

Home:

The community promotes the educational training on gas and electrical safety, and planning an investment of 650 thousand to install gas alarm for minimal assurance family and elderly person of no family.

Establish a Cooking Safety Training Base in Dalian Cooking Vocational High School. The base invite teachers in the School to introduce how to safely cut vegetable and meat, the environmental condition and common sense of prevention oil, water or gas injury. Since its establishment, more than 5,000 residents have been trained and have largely reduced cutting and scalding.

Traffic:

- To increase the investment on urban road safe facilities, to improve traffic signs, lines and traffic control facilities and to improve road safety status
- The community corporate with the traffic police to put forward the construction of hardware facility on traffic safety; reconstruct entrances and exits with safety loophole. To put on warning signs and to standardize driving and parking issues;
- To put on eye striking signs of “No Driving under Influence of Alcohol” and “Construction in Progress” at the main roads, hotels or restaurants to remind the drivers to slow down or detour to prevent traffic accidents;
- To carry out traffic safety activities in the community, to promote traffic safety knowledge, to enhance the residents’ sense of traffic laws and to improve the traffic prevention and safety awareness of all the people involved in traffic.

Occupational:

Establish practicable safety rules and regulations, put safe production regulations into practice, improve the long-effect mechanism for safe production continuously. Accelerate the development of safe production emergency rescue system, increase abilities on emergency disposing capacity to accidents. Inspect hidden danger at local units, construction sites, high-risk places at regular intervals, so as to eliminate safety hidden danger in time. The migrant workers were organized to have free safety training on safe production and physical fitness test ; To provide trainings to principals of manufacturers or organizations and operators of special work; To organize enterprises of major hazard sources for regular emergency rescue drillings. Launch special rectification on safe production and publicity on “Three no injures”.



School:

Carry out publicity education on transportation, fireproofing, protection against electric shock, and food sanitation and safety. Promote the education of teenagers' mental health and the prevention of teenagers' violence. Mental health consulting station is set up in every school ; Launch publicity education on precautions against blindly friends-making on the internet, make Safety Agreement with all the internet bars in the community so as to prohibit the under-aged to enter into internet bar. Develop the publicity and instruction of classroom safety, laboratory safety, sports safety, out-of-school safety, and adolescence physical health. Perfect school safety measures. Make safety protection for the areas and facilities easy to cause bump injury or slip injury. 172 notice boards are installed, which will alert students to walk safely and prevent slip injury. Each school must launch emergency evacuation exercise at least two times in each semester for responding to

sudden incidents, in order to drill students in evacuation when encounter emergency to improve their strain capacity.

Sports:

Develop educational training on sports safety to residents and students. Teach them to take exercises correctly and use sports equipments properly, as well as give them necessary first-aid knowledge related to injuries. Inspect sports equipments meeting the requirements of specifications or not at regular periods by specially-assigned person. Check the safety conditions of athletic field, and establish disposing plan and system to sports injury accident.

Violence prevention (intentional injuries):

. Family Violence Prevention and Help Project

By the investigation of relevant departments in the community, it is found that family violence tends to increase gradually. It has become a hot issue. According to actual conditions, the community develops the Family Violence Prevention and Help Project. Family violence prevention and help team is founded.

Put anti-family violence hotline (family violence help office) into operation. Remind victims that once they encounter family violence, try to collect enough evidence to be provided when a complaint is lodged, such as health certification, injury assessment report and tools that injure them. Publicize the severity of family violence acted on the society and family, take precautions against family violence. Set up a Community Rescue Station for Family Violence, in order to provide a temporary emergency rescue place for the victims of family violence. Meanwhile, inform police and personnel in neighborhood committee to educate people who take violence, to settle problems arising from the violence.

Programs aiming at “High risk-groups”:

Safety Prevention Project for the Disabled

There are 642 disabled people in Lijia Community, among whom 34 people are disabled for eye disease, accounting for 5.29%; 63 people are disabled for intelligence handicap, accounting for 9.8%; 79 people are disabled for language handicap, accounting for 12.29%; 359 people are

disabled for physical handicap, accounting for 55.83%; 87 people are disabled for mental handicap, accounting for 13.53; 21 people are multi-disabled, accounting for 3.27%. In the Safety Prevention Project for the Disable, the community encourages the disabled to take part in social activities. With the idea of safe life, the method of recovered practice, the community helps to enhance disabled people's self-care ability and improve their living quality.

- The multi-department work system caring for the disabled has been established by the community, and volunteer team to help the disabled has been built to offer services to the life and work of the disabled.
- Provide funds and coordination with construction department and disabled federation for the Safety Project. Erect wheelchair accesses and assistance appliances for the disabled
- Set up a Community Recovery Guidance Station depending on Community Health Service Center. Invest more than 200,000 in the establishment of a recovery center for the disabled. Provide all-around recovery protections to prevent injury occurred to the disabled
- Medical staff of the Community Health Services Organization, who are engaged in recovery guidance shall take part in professional training for more than 30 periods every year, in order to increase the professional level; management staff and recovery supervisor take part in professional training for at least 20 periods every year.
- Register the disabled in community and doctors who are responsible for recovery guidance will make guidance plan and evaluation for the disabled, so scientific and systematic recovery practice can be carried out.



Surveillance of injuries: Disease Control Centre of Dalian

Numbers per year: 15000 people

Population base: 88532 (2008)

Started year: 2006

Publications: (Scientific)

- Book of Safe Community's ABC
- Book of Firefighting Safety Knowledge
- Book of Children's Safety Knowledge
- Book of Schools' Safety Knowledge

Produced information material, pamphlets:

- Handbook for Home Safety Knowledge
- Training Handbook for Road Traffic Safety
- General Notice for Seniors' Safety
- Leaflet for Public Security and Precautions
- Travel Security Handbook
- General Knowledge on Earthquake
- Senior Health
- Brochures for Assistance & Support to Rural-migrant Workers
- Schedule for Daily Water-drinking
- Do You Know Healthy City
- Necessary Five Foods in the Office
- Road Safety Education for Family
- Food Safety Concerns All the People
- Women's Reproductive Health
- General Knowledge for Bird Flu Control
- Safe Medication Use & Health Care

Staff :



Deputy Director of Safety Promotion Committee in Lijia Community

Number: 59 people

Professions: part-time or full-time: 17 people

Permanent: 42 people

Temporary: 13 people

International commitments:

Participation in Safe Community conferences:

- Have taken part in working conference of the National Safe Community and got the certification of "National Safe Community" on Nov. 2008;
- Asia International Conference, Beijing October 2009