

**Name of the Community:** Tehran Safe Community of District10



**HAFTCHENAR museum**

**Country:** Islamic Republic of Iran

**Number of inhabitants:** 340,000

**Program started year:** 2009

**International Safe Communities Network Membership: Designation year:** 2010

**Info address on www for the Program:** [www.tehransafer10.com](http://www.tehransafer10.com)

[www.tehransafer10.ir](http://www.tehransafer10.ir)

**Full application available:** [www.tehransafer10.com](http://www.tehransafer10.com) and [www.tehransafer10.ir](http://www.tehransafer10.ir)

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**Info address on www for the community as a whole:** [www.tehran.ir](http://www.tehran.ir)

**Main safety programs are as follows:**

- School safety program



- Timeworn building safety program



- Traffic and pedestrian safety program



- Social harms (addiction, suicide and domestic violence) prevention
- Seniors fall prevention
- Silent death prevention

### **Children (0 to 14 years old)**

- Educational program for school teachers and principals (primary and secondary schools) by forming training classes in safety of children
- Educational program for school student (primary and secondary schools) by forming training classes in safety of children
- Traffic educational programs for students of primary and secondary schools
- Emergency evacuation maneuvers in locals
- The safety of child passenger safety by using children's car seat
- Motorcycle passenger safety by using of helmet for motor-cycle passengers
- Life skills education program for children

### **Youth (15-24 years old)**

- Educational program for school teachers and principals (high schools) by forming training classes in safety of children
- Educational program for school student (high schools) by forming training classes in safety of children
- Traffic educational programs for students high schools
- The 'DAVAM' groups program
- Educational program of help and rescue
- Educational program of find and rescue
- Educational program of fire control and extinguishing
- Volunteer fire brigade groups program
- Emergency evacuation maneuvers in locals
- Use of helmet for motor-cycle drivers program
- Increase the insurance coverage of motor-cycle
- Use of helmet for the motor-cycle passengers

### **Adults (25-64 years old)**

- The 'DAVAM' groups program
- Educational program of help and rescue
- Educational program of find and rescue
- Educational program of fire control and extinguishing
- Volunteer fire brigade groups program
- Emergency evacuation maneuvers in locals
- Use of helmet for motor-cycle drivers program

- Increase the insurance coverage of motor-cycle
- Use of helmet for the motor-cycle passengers

### **Elderly (65 years old and more)**

- The project of senior centers (education and services for senior safety)
- Senior education on osteoporosis prevention
- Senior screening for visual and hearing impairments
- Creating stations for senior exercises
- Emergency evacuation maneuvers in locals
- Increase the insurance coverage of motor-cycle
- Use of helmet for the motor-cycle passengers
- The exhibitions of disaster accidents

### **At the following environments:**

#### **Safety programs in homes**

- Program of increasing people awareness about dangers of unsafe excavating and sinkage of the wells
- Educational program about safe methods of excavating for construction workers
- Double supervision on excavation and filling the absorbent wells
- The acceleration of "ago" system program coverage in district 10
- Emergency evacuation maneuvers in locals
- The exhibitions of disaster accidents
- The program of “supporting the women who are responsible of their household “

#### **Safety programs for working environments**

- The educational program of fire control and extinguishing for (carpenters, color shops and textile shops)
- The educational program of first aids for carpenters, color shops and textile shops
- The education program of help and rescue to mosque servants
- The education program of first aids to taxi drivers

#### **Safety programs in sport centers**

- Program of sport centers preparing for disabled people (Ramps and ...)
- Furnishing the sport centers with fire extinguishers and first aid kits
- Safety programs for publish places.
- Establishing the suitable light in parks and passages of district 10

- Education of help and rescue to mosque servants
- Improvement of public transport stations

### **Safety programs in schools**

- Determining the high-risk points of schools with the point –of view of students teachers and parents
- Accident registry system program in schools
- School check program from the point of safety
- Improvement the safety of schools (improving high –risk points)

### **Safety in streets and high ways**

- Establish the BRT lines in district 10
- Determining the high risk points in streets and high ways
- Improvement of dangerous (high risk) points by geometric corrections and .....
- Decreasing the injuries and severity of accident with setting the guard-rails
- Setting the traffic cameras on necessary places
- Preparedness program for raining and snowing

### **Safety in pedestrians**

- Establish and mechanization of pedestrians bridge
- Reconstruction of pedestrian passages
- Eliminating the wastes from pedestrian to improve passage of people and disabled
- Making fit the pedestrian passages for the people of visual problem
- “Public centers preparing for disabled” program to decrease the injuries in street and passages
- Setting the alarm signs and traffic lights
- Preparedness program for raining and snowing

### **Natural Disaster:**

- Emergency evacuation maneuvers in locals
- The 'DAVAM' groups program
- Educational program of help and rescue
- Educational program of find and rescue

### **Social harms (suicide, addiction and domestic violence) prevention:**

- Basic life style education
- Education to reduce high risk behaviors
- Psychological counseling

- Family counseling
- Educational counseling
- Educational workshops
- Empowerment education to help finding jobs or create new jobs
- Creation of self employment bazaars
- Supporting women who are responsible of the households

#### **Seniors fall prevention**

- Free medical visits
- Education in healthy nutrition
- Performing festivals
- Educational workshops

#### **Programs aiming at “High risk-groups”:**

- Safety promotion in disabled school (EDALAT School)
- Supporting women who has the responsibility of household (Education, job finding and empowerment)
- Counseling program for women (social harm)
- “Hebe” program for helping disadvantaged households (social harm)
- Establishment of senior center (education and services for senior safety)
- Construction workers education
- Promoting safety of motorcycle drivers
- Educational program to decreasing high risk behaviors for young people
- Pedestrian safety for disabled people (visual problem). Making fit the pedestrian passages for the people of visual problem
- Eliminating the wastes from pedestrian to improve passage of people and disabled
- “Public centers preparing for disabled” program to decrease the injuries in street and passages

#### **Surveillance of injuries:**

- Numbers per year: 861
- Population base: 340000 (Hospital base)
- Started year: 2007

# Publishing materials

## Books

- Safe Community Guide line 1-Safety promotion- an introduction (2th edition)- translation to Farsi
- Safe Community Guide line 2-Injuries surveillance guideline- translation to Farsi
- Safe Community Guide line 3 – review of child injury
- Safe Community Guide line 4 - Communication
- Safe Community Guide line 5- Empowerment
- Safe Community Guide line 6- Action Planning
- Safe Community Guide line 7- Membership:
  - Guidelines for applicants to the international network of safe communities - translation to Farsi
  - Guidelines for maintaining membership in the international network of safe communities - translation to Farsi
- Guidelines “how to become a certifying center”- translation to Farsi
- Child safety guidebook
- World report on child injury prevention -translation to Farsi
- Peer education: from evidence to practice
- Guide lines for conducting community surveys on injuries-translation
- Public playground safety handbook- translation in process
- How to drive to be safe-booklet

## Pamphlets

- Safety points, before , at the time and after earthquake
- Family safety guide
- Preparedness education for disasters
- Beauties of the last Wednesday of the year
- How to decrease dangers of absorbent wells in old and timeworn texture
- Silent death

## Maps

- Map of safe evacuation of beryanak

**leader(s):**



**S.H.Hosseini**  
**Mayor of district 10**  
**Head of steering committee**



**H. Golestani**  
**Secretary of Safe Community**  
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**Dr. K. Kabir, MD**  
**Social Medical Specialist**  
**Safe Community**  
**Advisor**

**Organizations that have representatives in pioneer group**

<b>Organization</b>	<b>representatives</b>
Municipality district 10	11
Hospitals	9
Traffic police	2
Regulatory force Police	2
South Tehran Health center	3
Fire brigades	5
Emergency	2
People representatives	13
Nongovernmental organizations	6
Social office of district 10	7
traffic office of district 10	1
Education office of district 10	6
Gas office	1
Electrical power office	2
Water and office	2
Bassij	1
Other health service	6
Contractor companies	3
Other	4

<b>Task force group</b>	<b>Number members</b>
Timeworn buildings safety	22
Traffic and pedestrian safety	17
Social harm(addiction, suicide)	15
School safety	18
Injury information	9
Silent death(Co-poisoning)	17

**International commitments:**

- Establishment of district 10 first safety conference (2009)
- Executive Partnership in the second Tehran safe community conference (2009)
- Participation in second Tehran safe community conference (2009)
- Regional workshop for safe community guidelines in district 10(2010)
- Participation in worksite and industrial safety (2010)
- Establishment of safe driving-safe community conference in district 10 (2010)
- Participation in safe community conference of 5 districts designations (2010)
- Participation in safe "last Wednesday of the year" (2010)
- Establishment of safe school-safe community in district 10 (2010)