

Safe community Fariman



Country: Iran

Number of inhabitants: 93172

Programme started year: 2003

International Safe Communities Network Membership: Designation year: 2010

Info address on www for the Programme:

http://www.mums.ac.ir/ch_fariman/fa/safeintroduce

Full application available: <http://www.phs.ki.se/csp/pdf/applicationreports/fairman.pdf>

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The programme covers the following safety promotion activities:

For the age group

0-14 years:



1. Blending the educational programs of the principles of safety in the program of taking care of under 6-year – old children and educating mothers by health & centers.
2. Instructing the educators of kindergartens and primary schools for transmitting the education to children.
3. Using students in the program of school's police and police assistant.
4. The presence of police and workers of health & care centers in schools for implementing the educational programs.
5. Holding painting competitions and article writing among the students of the field of preventing traffic accidents.
6. Learning how aid policy through the Emergency Phone 110-115-125 to students

Youth 15-24 years:

- Holding educational programs in order to prevent traffic accidents through holding safe motorcycle riders class- maneuver and safety exhibitions
- Training classes to prevent accidents such as violence and suicide
- Enhancing the use of regulations in order to prevent traffic accidents by the police
- holding the annual police exhibition and showing up as a traffic chamber
- Holding sport competitions like soccer, volleyball, running with the mottos of the safe community to familiarize the youth with safety culture

Adults 25-64:

- Presenting educational programs of preventing traffic accidents by holding educational courses, delivering pamphlets and installing panels in passages and holding safety exhibitions.
- Training of the applicants to get driver's license about driving and riding safely
- Publishing an article about safe community in the local journal

- First aid classes for all staffs of offices at communication office with the cooperation of safe community
- Pursuing the use of self- protection means by the workers of different occupations with the cooperation of the labor and social affairs office and occupational health.

Years: Elderly 65+ years:

- A program for the elderly in order to improve their health and to train them about the accidents happening to them in healthcare centers to enable them decrease injuries
- Preparation and distribution of instructional brochures suitable for the old age about decreasing the accidents throughout the city
- Preparing and publishing the health journal of Help
- Instructional programs of decreasing the injuries for the elderly in referral centers
- Meetings with the agents of the elderly in order to immunize their gathering spot in the city
- holding policy-making committee emphasized on welfare office in order to make the urban environment suitable for use by the elderly and disabled people through activities like installing ramp instead of stairs and elevators

At the following environments:

Home:

1. A visit of houses aiming to check the safety; this is done by checklist in 100% of the covered houses by Health groups and face-to-face training about the safety of houses in terms of fire, electricity, and bathroom, other rooms, sharp objects, roof, stairs, and other chemicals and toxins
2. Training the health practitioners about enhancement of safety at homes
3. Training the health personnel about enhancement of safety at homes

Traffic:

a. Inside the city

Table13: Traffic activities inside the city to enhance safety

Action description
Infrastructure and Hot Mix Asphalt (sqm)
Street infrastructure (sqm)
Street asphalted (sqm)
The canals and canive Repaired (m)
Bridge constructed (numbers)
Bridge repaired (numbers)
Sidewalks repaired (numbers)
Blvd constructed (m)
Canal constructed (m)
Install signs and driving tips
Install Speed limit bumps
Modified accident-prone areas
Parking Constructed
Borders and roadsides painted
Provide lighting for better night vision
Elimination of construction material barriers passing
City with no traffic
Relief and rescue people in accident
Remove floodwater and congestion
Replacement of worn-out taxi
Extinction, noxious animals and stray dogs

- identifying dangerous places at schools and kindergartens entrances and improving them here, all dangerous places at urban points are identified and speed-lowered barriers and signs are set painted the announcement tableaus are set
- Conducting safe stages at digged places by sewage –water org. mayor-palace and telecommunication Org in order to prevent appearing accidents and accidents at student's age groups in transport way to school and home vice-versa.
- Conduct the traffic in one path to the main Street because of heavy traffic and accidents

b. Outside the city

Table14: Traffic activities outside the city to enhance safety

Action description
Main road asphalt
Infrastructure Roads
Bridge construction
Bridge repairs
Road Line Traffic strips
Speed limit bump construction
Modify of road dangerous spots
Roadside parking construction
Roadside safe guard
Blinking lights installation

**Leveling and surfacing rural road
Widening the roads (km)**

1. Identification of black spots on rural roads and widening the roads and installing guardrail in order to decrease the accidents in the age group of students who are commuting through the roads every day
2. Following the affairs in on construction of the second band of the District road by governorship and acceleration in inaugurating beltway of Fariman which could and can decrease the number of car accidents to a great extent
3. Installing solar twinkling lights on the main roads of the District

Occupational:

Programs to enhance safety in industrial and working environments

Title	2005	2006	2007	2008
Numbers of Industrial Units	53	65	87	89
Numbers of Protection technical Committee and active Bhdashtkar	5	6	9	11
Numbers of technical Protection Committee meeting	42	30	60	96
Numbers of measures taken in promoting the field of electrical safety level	8	6	12	18
Numbers of measures taken in promoting the field of fire safety level	7	5	11	17
Numbers of measures taken in promoting the field of machinery safety Level	14	10	20	32
Numbers of done measures in buildings in promoting the field of workplace safety level	23	17	32	53
Numbers of measures taken in promoting transport safety level and carrying on	6	4	9	14
Numbers of workers examined	2122	1256	1056	1668

School:

The programs to enhance safety at schools

Title
Earthquake maneuvering operation
Holding fair traffic and safety in the schools
Holding Fire International Day and safety
Equipping schools to fire extinguisher and recharging.
Equipping schools to first aid box and replacing.
Improvement of heating system
Renovation school and asphalt yard
Reform or bridge construction at the school entrances

Sports:

1. Providing and installing fire extinguisher
2. Training and retraining of medical forces inside the corridors
3. Repairing the lights of the corridors
4. Installing shock absorber inside the martial sport hall
5. Amendment of the swimming pool of the city
6. Repairing the pavements of the halls in order to avoid accidents
7. Making the sport insurance for all athletes
8. Installing the sign of "no swimming" in forbidden spots particularly Fariman dam

Suicide prevention (self-inflicted injuries):

- 1-Safe community committee formed special suicide prevention group in Fariman district. This group includes as follow: Local health department, city governor, hospital, city police, district attorney, education department.
- 2-Preventive intervention before attempted to commit suicide includes training families, schools and identifying high risk people and introducing them to consulting center.
- 3- Intervention after first time attempt to committing suicide, in order to prevent future once. 4- Holding life skills training sessions for administrative staff
- 5- Holding life skills training sessions in schools

Programs aiming at "High risk-groups":

The most important activities implemented to enhance safety for two-wheelers:

1. Holding maneuver safe motorcycle riding all over the city
2. Taking strict measures against outlaw two-wheelers
3. Selecting the best two-wheelers in every season and appreciating them by the committee secretariat
4. Providing and distributing instructional brochures to teach how and why to use crash helmet
5. Make the two-wheelers of offices use the crash helmet
6. Printing the mottos related to the importance of the use of crash helmet by writing on pieces of cloth, and water, electricity, gas and phone bills
7. Holding exhibitions of traffic in different occasions in the District
8. Installing traffic smoother all over the city
9. Holding instructional meetings at the time of getting the driver's license for the riders
10. Holding instructional meetings for the two-wheelers applying to get drivers' license
11. giving instruction by the members of reconciliation council to outlaw riders
12. printing the large colanders on walls with the mottos of safe riding and distribution of the colanders in offices and institutions

13. instructing the students in order to transfer the concepts of safe riding to the families in the form of program of police assistant
14. implementation of the program of police assistant and teaching the elementary and pre-elementary children in order to decrease the accident in the age group of under 14, with cooperation of education department and traffic office

Surveillance of injuries:

Hospital

Numbers per year: 12 times

Population base: 90796

Started year:2004

Produced information material, pamphlets:

- booklet 100 safety tips-10 questions (against earthquake) (1000v)
- brochures about how to use working with gas-burning devices (13000v)
- health booklet for travelling (2000v)

Staff



Number: 37

Professions: part-time

Permanent:32

Temporary:5

Organization:

Governorship, mayor, Education Department, Roads & Transportation Department, Police, Health & Care Network Municipality, Physical Education Organization, Welfare Organization, Hospital, Telecommunication Co., Electric Co., Water Co., Gas Co., and Fire Station and Azad University & Payam nor.

International commitments:

Study visits: two time- Dr Reza Mohammadi and others experts WHO- Ministry of Health and Medical Education- Medical Science University of Mashhad

Participation in Safe Community conferences:

Safe Community Conferences: Iran-Shiraz 2008

Safe Community Conferences: Iran-Mashhad 2009

