



Occupational Safety & Health Council, Hong Kong SAR, China
Certifying Centre for Safe Community Programs



On behalf of the WHO Collaborating Centre on Community Safety Promotion,
Department of Public Health Sciences Division of Social Medicine, Karolinska Institute, Sweden



Name of the Community: Tai Po

Country: Hong Kong Special Administrative Region, China

Number of inhabitants: 291,371

Programme started year: **2002**

International Safe Communities Network Membership: Designation year: **2005** (Re-designation Year: **2010**)

Info address on www for the Programme: www.tpshc.org

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The Tai Po Safe and Healthy City Project covers the following safety promotion activities:

For the age group

Children 0-14 years:

Promotional Pamphlets on Childhood Injury Prevention

Department of Health has structured seminars and produced various pamphlets and printing materials to educate parents on childhood injury prevention. Topics include “Love your Child, Prevent Injuries (0-1 year old/1-3 years old/3-5 years old)”, “Love your Child, Prevent Accidents (Home Safety)”, etc. The pamphlets and posters can also be downloaded from the website of Department of Health for the convenience of the general public.



Moreover, a comprehensive Home Safety booklet was produced by Safe and Healthy Neighbourhood Working Group. One of the themes of this booklet also aims to promote home safety for infants and children. More than 20,000 copies have been distributed to the public in Tai Po. Contents of the booklet include:



- ✧ Fire Safety Tips
- ✧ Safe Use of Electrical Appliances
- ✧ Towngas Safety Tips
- ✧ Home Security Tips
- ✧ General First Aid Guidelines
- ✧ Home Safety Tips for the Elderly
- ✧ Home Safety Tips for Infants and Children
- ✧ Emergency Contact Numbers

Road Safety Promotion for the Kids in Kindergarten

Please see **Traffic** below

Tai Po Safety and Health Promoting Schools Project

The Project was launched to instil safety and health concepts to primary school students in 2000 by United Christian Nethersole Community Health Service in collaboration with Alice Ho Miu Ling Nethersole Hospital. For details please see “**School**” below.

Other Programmes

Other safety promotion programmes (such as home safety, road safety, safe cycling campaign, fire safety, and crime prevention) were frequently organized by respective government departments, Tai Po District Council, non-government organizations and local schools.

Youth 15-24 years:

Building Safety Culture Among Young People

To engage youngster on safety awareness, a dynamic variety show entitled “Tai Po Occupational Safety and Health Concert” was jointly organized by the Agriculture, Fisheries, Commerce and Industries Committee of Tai Po District Council, Tai Po Home Affairs Department, Occupational Safety and Health Council and Radio Television Hong Kong every year. The aim was to raise young people’s awareness of and to foster a positive attitude towards workplace safety and health, which in turn will enable them to maintain a high standard of occupational safety and health in their future places of work. The variety shows were also broadcasted on air and online to the general public in an attempt to share the occupational safety and health message with the wider community.

Your Health Our Concern: Prevention of Drug Abuse

With the collaboration of 10 non-government organizations including Hong Kong Medical Association Tai Po Community Network, Alice Ho Miu Ling Nethersole Hospital, Tai Po Hospital, Hong Kong Children & Youth Services, Hong Kong Lutheran Social Service, Evangelical Lutheran Church of Hong Kong, Salvation Army Hong Kong, Yan Oi Tong, The Boys’ & Girls’ Clubs Association of Hong Kong and Hong Kong Council of Social Service, “Your Health Our Concern” programme was



“Your Health Our Concern” Kick Off Ceremony

launched on 13 February 2009 aiming to facilitate the caring and support network in Tai Po district for the prevention substance abuse amongst our youngsters. It also serves to build up a collaboration platform amongst local social service agencies, community primary care doctors and local hospital specialists.

Under the programme, social workers will actively approach drug abusers and provide counseling and referral services. Primary care doctors in the private sector will help to screen patients for complications as a result of substance abuse. Hospital specialists provide the necessary follow up assessments for patients referred by the primary care doctors. To remove social stigma for the referred patients, a “psychosocial



Sharing by rehabilitated drug abuser

wellness” clinic was formed to take up the referrals by the hospital multidisciplinary teams. More than 50 private primary care doctors had attended special training in November 2008. 23 primary care doctors participated in the project. The programme was kicked off on 13 February 2009 and will be reviewed after one year. Press conference was conducted and local programmes were conducted to enhance publicity and awareness by the local communities. The programme was well received by the local community and had been brought to attention overseas.

A high level policy support from the Government to prevent drug abuse is important. Equally important is a network of collaborating local partners to drive beat drug programmes and sustain development of a safe community.

Teen Ambassador Program

To allay the social stigma of mental illness and to inculcate more “positive attitudes” and build up more resilience to stress amongst our youngsters, a Teen Ambassador Program for mental health safety was established by the Department of Psychiatry of Tai Po Hospital in 2008. In 2009, with the support of Salvation Army Hong Kong and local secondary schools, the Program offers a series of training sessions for Form 2 to Form 4 students aiming to equip the ambassadors with basic skills and knowledge on mental illness, stress management and coping skills and to engage them in promoting positive mental health among their peers.

Objectives

- ✧ Basic information on mental illness
- ✧ To prevent violence secondary to the drug abuse, reducing injuries arising from preventable violence
- ✧ To raise the youth’s awareness of the harmful effects of drug abuse and the importance of mental health
- ✧ To promulgate the anti-drug messages among the secondary students through the positive peer influence
- ✧ To correct common misconceptions related to drug abuses
- ✧ To help the youth understand the source of stress and their impact and introduce stress management skills
- ✧ To cultivate a positive attitude towards life

Training Criteria

- ✧ Help ambassadors to get acquainted with mental health problems such as drug abuse, depression, early psychosis, etc.
- ✧ Information on the harmful effects of drug abuse

- ✧ Learn about the screening method to detect implication of drug abuse such as loss of memory, inco-ordination, loss of hand dexterity and the use of equipment for health check-up
- ✧ Training in mental health assessment
- ✧ Stress management skills
- ✧ Leadership and communications skills
- ✧ Organization skills
- ✧ Visit to the Psychiatric Department of the hospital and sharing with the in-patients.

Community Service Activities with participation of Teem Ambassadors
(Oct 2008 to May 2009)

| Date | Activities |
|-----------|--|
| 6/12/2008 | Health Check Day for Parents |
| 21/2/2009 | Health Check Day for Parents |
| 4/3/2009 | Five-A-Day-Challenge promoted the adequate consumption of fruits and vegetables in a balanced diet |
| 10/3/2009 | Breakfast Day |
| 26/5/2009 | Survey on mental health status of students in Tai Po |

A group of 13 teen ambassadors was trained and participated in the community services in the period of Oct 2008 to May 2009. The program had been evaluated periodically revealing that participation rate of students was high with a record of 90% of attendance. The program further expanded to include more senior students (Form 4 to Form 6 students) in November 2009.



Hospital Visit by Teen Ambassadors



Appointment Ceremony of Teen Ambassadors

Other safety promotion programmes and services for the young people had been integrated in programmes mentioned in “**Traffic**”, “**Occupational**” and “**Violence Prevention**” below.

Adults 25-64 years:*Safety and Health Fort Project: Mobile Health Resources Centre*

In late 2004, the Health Promotion Working Group, Alice Ho Miu Ling Nethersole Hospital and Tai Po District Council collaborated in launching the project, “Health Fort”, which is a mobile health resources centre accessible to the people of different areas in the community.

Services provided at the centre included:

- ✧ Safety and health information exhibition
- ✧ Safety and health education programme
- ✧ Health check
- ✧ Health consultation
- ✧ Chinese Medicine consultation
- ✧ Dietetic consultation
- ✧ Consultation for fall prevention at home by occupational therapist
- ✧ Fall prevention assessment by physiotherapist

The project also serves as a platform for multi-sectoral collaboration among local hospitals, Government departments, health care providers, non-governmental organization, local residents’ association and family doctors, encouraging public participation in safety and health activities. The following is a summary of services provided by Health Fort integrating with a series of safe and health programs:

Summary of Health Fort Services

| Date | Programs | Target | Purpose | The provision of services by Health Fort |
|------------------|---|--------------------------------|--|---|
| 25 November 2006 | Kick Off Ceremony for “One Citizen One Doctor” cum Health Fort Carnival | The general public | <ul style="list-style-type: none"> ✧ To promote the importance of primary health care. ✧ To increase the awareness of a sustained partnership between the family doctor and patients in the context of family and community. | <ul style="list-style-type: none"> ✧ Provided wellness check-up including body weight and height, blood pressure, BMI and body fat content. ✧ Provided health consultation by general practitioner. |
| 19 October 2008 | Orthopaedic Rehabilitation Scheme – a Hospital and | The general public, especially | <ul style="list-style-type: none"> ✧ To promote the importance of primary health care. ✧ To provide information | <ul style="list-style-type: none"> ✧ Provided health consultation by general |

| | | | | |
|------------------|--|--|---|---|
| | Community Collaboration Campaign for the 10th Anniversary Celebration of Tai Po Hospital. | for the senior citizens | <p>on Orthopaedics and Rehabilitation</p> <ul style="list-style-type: none"> ✧ To increase the awareness of healthy diet and lifestyle ✧ To encourage safe and health practice. | <p>practitioner.</p> <ul style="list-style-type: none"> ✧ Held the health exhibition displaying information on healthy lifestyle and home safety. ✧ Distribution of health and safety information leaflets which covered a wide range of topics including Tai Chi Exercise, Prevention of high blood pressure, Injury Prevention, Prevention and treatment of osteoporosis, Childhood injury Prevention, Home Safety, BMI, Menopause and Diet, Tips for a Healthy Diet, Healthy Cooking & Occupational Safety and Health. |
| 2 November 2008 | Chronic Pain Prevention and Relief -a Hospital and Community Collaboration Campaign for the 10th Anniversary Celebration of Tai Po Hospital. | The general public, especially for the senior citizens | <ul style="list-style-type: none"> ✧ To provide information on chronic pain management. ✧ To increase the awareness of healthy diet and lifestyle. | <ul style="list-style-type: none"> ✧ Distribution of health and safety information leaflets. |
| 13 December 2009 | “Your Health Our Concern” - a Campaign on Community | The general public, especially | <ul style="list-style-type: none"> ✧ To promote early intervention initiatives motivating drug abusers to seek | <ul style="list-style-type: none"> ✧ Provided wellness check-up including body |

| | | | | |
|-----------------|----------------------------|--|---|--|
| | Support for Drug Abusers | for the youth | <p>treatments.</p> <ul style="list-style-type: none"> ✧ To assist teachers and parents to identify and help drug abusers ✧ To empower individuals and family in solving drug abuse problem so as to avoid the cases of youth violence. ✧ To promote a holistic and integrated mode of service for the youth. ✧ To build up a safe and caring environment for the youth. | <p>coordination, blood pressure.</p> <ul style="list-style-type: none"> ✧ Held the health exhibition displaying anti - drug information and resources. |
| 30 January 2010 | “Say No to Drugs” Campaign | The general public, especially for the youth | <ul style="list-style-type: none"> ✧ To step up preventive education and publicity measures. ✧ To educate the public about the harmful effects of juvenile drug abuse. ✧ To promote social relationships and mutual support among the youth. | <ul style="list-style-type: none"> ✧ Provided health consultation by general practitioners. ✧ Held health exhibition promoting preventive education ✧ Distribution of health and safety information leaflets. |



“Say No to Drugs” Campaign



Orthopaedic Rehabilitation Scheme – a Hospital and Community Collaboration Campaign for the 10th Anniversary Celebration of Tai Po Hospital.

Other Programme

Please see “Occupational” and “Traffic” below.

Elderly 65+ years:

Community Project for Cold Spell Warning

There are around six thousand elderly living alone without family support in Tai Po. Many underprivileged suffer from chronic illnesses and live in unfavorable and unsafe environment. Although Hong Kong’s winters are generally mild, the occasional cold weather is still a threat to



Cold Spell Promotion Station

the frail elderlies in the community. Assessment on their needs is necessary so that emergency support and other resources arrangement can be provided promptly during cold weather period. The Social Welfare Department and The Salvation Army Integrative Service for senior citizens have collaborated with social welfare and medical professionals as well as other community volunteers to develop and coordinate the programme and foster a caring and safe society for high risk elderlies in Tai Po.

Objectives

- ✧ To identify and classify the at-risk elderly who might suffer from hypothermia through physical and home environment assessment
- ✧ To coordinate the support from medical and social welfare professionals
- ✧ To launch community education activities through organizing volunteer trainings and visits to elderly during the winter season
- ✧ To develop charities pool in gathering warm clothing and making referral services when required
- ✧ To ensure a safe living environment for elderly people

Achievements

- ✧ The targeted clients are divided into three groups: high, medium and low risk that are at risk from hypothermia.

Screening for Hypothermia

| Category of Recipients (Risk Level of Hypothermia) | Number of Elderly Screened | | | | |
|---|----------------------------|----------|---------|---------|-------|
| | 2006- 07 | 2007- 08 | 2008-09 | 2009-10 | Total |
| High | 29 | 49 | 74 | 39 | 191 |
| Medium | 166 | 322 | 325 | 411 | 1224 |
| Low | 318 | 329 | 450 | 372 | 1469 |
| Total | 513 | 700 | 849 | 822 | 2884 |

- ✧ Whenever there is a sudden drop in temperature (below 12 degree Celsius) or persistently low temperature during the winter season, emergency visiting teams composing professional volunteers will bring along the necessary medical equipments, hot soup and warm clothing and visit these high risk elderly in the evening. The volunteer teams will assess the conditions of the elderly and for those who need special attention will be referred to Cheung Muk Tau Holiday Centre, Care and Attention Home or hospitals.

Number of Emergency Visits

| Name of programme | Number of Elderly Served | | |
|-------------------|--------------------------|---------|-------|
| | 2008-09 | 2009-10 | Total |
| Emergency Visits | 199 | 146 | 345 |

- ✧ The programme “Doctor and You Workshop” was conducted for the elderly to enhance their safety knowledge during cold weather warning. Elderlies were taught how to protect themselves to minimize associated risks.

Attendance at “ Doctor and You” Workshop

| Name of programme (Talks for the Elderly) | Number of Elderly Served | | |
|--|--------------------------|---------|-------|
| | 2008-09 | 2009-10 | Total |
| Doctor and You Workshop | 26 | 52 | 78 |

- ✧ Fall Prevention: Community volunteers are assigned to pay home visits or make phone calls to the elderlies under their care to assess their home environmental safety. When need arise, the volunteers will provide services such as installation of wind block, installation of handrail facilities for prevention of fall, etc. for the elderlies. Relevant trainings such as skill and technique for home assessment, counseling for depressed elderly, etc. are provided to volunteers to enhance their capabilities and safety awareness.

Other programme for the elderly will be introduced in “**Programmes Aiming at High Risk Group**”.

At the following environments:

Home/Estate

Improvement on Physical Environment

Local Government departments and the Tai Po District Council (TPDC) had initiated substantial numbers of improvement works, ensuring accessible safety and pleasant environment in the community. These included projects of local public works, minor environmental improvement, rural public works and district minor works.

No. of Projects Completed from 2006 to 2009

| Types of Works | 2005/06 | 2006/07 | 2007/08 | 2008/09 |
|--|---------|---------|---------|---------|
| Local Public Works (Maintenance) | 78 | 62 | 36 | 31 |
| Minor Environment Improvement/ District Minor Works | 10 | 16 | 10 | 14 |
| Rural Public Works | 24 | 25 | 22 | 16 |

The completion of these projects would reduce the potential risk of physical environment to the public, prevent injuries and accidents, provide safe access to villagers living in rural areas and create a better living environment to residents. Examples of these projects included, “Construction of a covered walkway between Tai Po Market MTR Station and Tai Po Market, Tai Po”, “Construction of van track leading from Tai Wo to Tai Wo Public School, Tai Po”, “Construction of access ramp near Rivera Lodge at Yue Kok, Tai Po” and “Construction of rain shelter and footpath at Ha Hang, Tai Po”.



Construction of a covered walkway between Tai Po Market MTR Station and Tai Po Market, Tai Po



Construction of rain shelter and footpath at Ha Hang, Tai Po

Community Health Education Project – “5-Stars Health 5-Stars Home”

To ensure a safe and healthy home environment, the Hong Kong Red Cross launched a community safety and health education programme, “5-Star Health 5-Star Home” in Tai Po. The Project has 5 themes namely ‘Healthy Habit’, ‘Healthy Diet’, ‘Healthy Exercise’, ‘Healthy Mind’ and ‘Healthy Home-setting’ targeted local families for the provision of services, aiming at raising the public awareness of personal and environmental hygiene, home safety and encouraging mutual support in building up a healthy community.

Diversified health and safety promotion activities have been conducted in Tai Po including health talks, health checks, health exhibitions, and health promotion days, promoting the ‘Safety Awareness’, ‘Disaster Preparedness’ and ‘Rescue Readiness’. Through the trainings of ‘5 Stars Health Ambassador’ and the recruitment of “Hong Kong Red Cross Healthy Friends”, health and safety messages have been successfully promulgated to the community.

Programme Highlights

| Programme | Purpose | No. of Participants/ Target | Activities |
|---------------------------------------|--|---|---|
| “5 Stars Health Ambassador Training” | ✧ To raise the public awareness of health and safety | Around 50 Tai Po residents have been successfully recruited and trained as “5 Stars Health Ambassadors” | <ul style="list-style-type: none"> ✧ Provided training for ambassadors on general knowledge of hygiene, infectious diseases, household safety and first aid ✧ Promoted ambassadors’ participation and assistance in local community’s health and safety education activities, including health checks, roving exhibitions, health talks, mass events etc. |
| “Hong Kong Red Cross Healthy Friends” | ✧ To promote integration of healthy living | Over 2,000 Tai Po residents have been enrolled as | ✧ Sent health education pamphlets to the |

| | | | |
|---|---|--|---|
| | <p>practices and good household hygiene into the daily life of residents through self review scheme and mutual encouragement among neighborhood</p> <p>✧ To build up a caring and healthy community</p> | <p>“Hong Kong Red Cross Healthy Friends”</p> | <p>✧ Organized health education activities for members’ participation</p> |
| <p>“5 Stars Health and Safety Carnival”</p> | <p>✧ The theme is “Safe and Healthy Home”, aiming at increasing the public awareness of “Safety Awareness”, “Disaster Preparedness”, “Rescue Readiness” and “Prevention of Infectious Diseases”</p> | <p>Over 9,000 participants participated in the event and 270 families were enrolled as “Hong Kong Red Cross healthy Friends”</p> | <p>✧ Organized interactive game booths, household safety exhibition, health checks and first aid demonstration.</p> |
| <p>“Elderly Household First Aid” Workshop</p> | <p>✧ To equip the elders with knowledge on basic household accident prevention and first aid which further increases their awareness of home safety</p> | <p>231 elders</p> | <p>✧ Organized workshops from October 2009 to February 2010 in collaboration with 9 Tai Po local organizations</p> |
| <p>Health Talks, “Healthy Friends Gatherings” and Health Checks</p> | <p>✧ To disseminate health and safety</p> | <p>Hong Kong Red Cross Healthy Friends</p> | <p>✧ 10 health talks had been organized in 2009 covering</p> |

| | | | |
|--|---|--|--|
| | information for the prevention of infectious diseases | | <p>the topics of flu prevention, household safety, vaccination and Chickenpox and Shingles.</p> <p>✧ A series of health talks, “Healthy Friends Gatherings” and health checks had been organized.</p> |
| Safety and Health Roving Exhibition and Loaning Service of Health Education Easy Roll Stands | ✧ To promulgate the message of infectious diseases prevention and recruit “Hong Kong Red Cross Healthy Friends” | Targeting the general public | <p>✧ Organized regular roving exhibitions in shopping centres and public estates in Tai Po with the involvement of volunteers and “5 Stars Health Ambassadors”</p> <p>✧ A total of 11 exhibitions and loaning services of health education easy roll stands were provided to local organizations and schools in 2009</p> |
| Health Education Publication – “Healthy Friends News” | ✧ For the promotion of health and safety awareness in the community | Publications were distributed to approximately 2000 “Tai Po Healthy Friends” | <p>✧ Published “Healthy Friends News”</p> <p>✧ With the support of Hong Kong Observatory and Occupational Safety and Health Council, the hyperlink of “Healthy Friends News” electronic</p> |

| | | | |
|--|--|--|---|
| | | | version has been uploaded to their website in 2009. |
|--|--|--|---|



5 Stars Health Ambassador Training



Elderly Household First Aid Workshop

Traffic

Road Safety Promotion

Publicity Campaign

Hong Kong Police Force in Tai Po plays a significant role in road safety promotion. Mass-media such as radio and television is very helpful in broadcasting and conveying road safety activities and road safety messages to the public. Road safety promotion activities including road safety talks, visits to school, road safety seminars, carnivals, exhibitions and leaflets distribution in Tai Po district are frequently organized by local Government departments in partnership with Tai Po District Council, schools, non-government organizations, residents' associations and road safety partners including transport operators.



Mural at Tai Mei Tuk



Road Safety Carnival 2009 -10

Road Safety Promotion for the pedestrians, drivers and passengers



The Police Force arranges regular road safety talks at least once a year in each kindergarten in Tai Po. Leaflets were also distributed to pedestrians, drivers and passengers regularly for the promotion of road safety.

Road Safety Promotion in Tai Po Division from 2005 to 2009

| Types of Promotion Activities | 2005 | 2006 | 2007 | 2008 | 2009 |
|--|------|------|------|------|------|
| No. of Road Safety Lecture/ Seminar to Schools and Different Organizations | 125 | 122 | 92 | 88 | 56 |
| Tai Po Road Safety Promotion Carnival | 1 | 1 | 1 | 1 | 1 |
| Other Road Safety Promotion Activities | 11 | 9 | 9 | 10 | 12 |

Occupational

The collective efforts of Tai Po Safe and Healthy City and its supporting bodies have contributed to a significant improvement in workplace safety.

Building Safety Culture Among Young People

To engage youngster on safety awareness, a dynamic variety show entitled “Tai Po Occupational Safety and Health Concert” was jointly organized by the Agriculture, Fisheries, Commerce and Industries Committee of Tai Po District Council, Tai Po Home Affairs Department, Occupational Safety and Health Council and Radio Television Hong Kong every year. The aim was to raise young people’s awareness of and to foster a positive attitude towards workplace safety and health, which in turn will enable them to maintain a high standard of occupational safety and health in their future places of work. The variety shows

were also broadcasted on air and online to the general public in an attempt to share the occupational safety and health message with the wider community.

School

Tai Po Health Promoting Schools Project

With the collaboration of United Christian Nethersole Community Health Service (UCNCHS) and Alice Ho Miu Ling Nethersole Hospital (AHNH), Tai Po Health Promoting Schools Project was launched in order to instill safety and health concepts to the general public at an early age. The project emphasizes on involvement of teachers, students, parents and the community in anticipation of building a harmonious, safe and healthy community. At present, there are 23 member schools including 13 primary, 8 secondary schools and 2 pre-school institutions in the project. Over 125,000 students, 1,900 teachers and 750 parents joined the programmes throughout these years. The followings are the highlights of the project:

One-Nurse-One-School Approach

A designated volunteer nurse from AHNH acts as the nurse advisor for each of the participating schools, aiming to provide professional support in health/safety education and promotion programmes.

Empowerment Programme: Student Health Leaders Training Course and Teacher Training Course

Training Courses are conducted to equip teachers and students with knowledge and skills on safety and health promotion.

Summary of Training Courses

| Activities | Period | No. of Participants |
|---|-----------|---------------------|
| Primary School Student Health Leaders' Training Program | 2005-2009 | 877 |
| Secondary School Student Health Leaders' Training Program | 2005-2009 | 165 |
| Training for the Teaching Staff | 2005-2009 | 345 |

Safety and Health Talks / Promotion Activities

In order to promulgate positive messages to students, teachers and parents and maintain a safe and healthy school environment, a series of safety and health education/promotion activities on sport safety, physical exercise, spine protection, healthy diet and lifestyles, mental health,

interpersonal relationship, safe environment, anti-smoking, drug abuse prevention, and Severe Acute Respiratory Syndrome (SARS) / flu /Swine Flu prevention had been organized.

Summary of Safety and Health Education/ Promotion Activities

| Activities | Period | No. of Participants |
|---|-----------|---------------------|
| Breakfast Day | 2005-2009 | 16572 |
| Health Talks | 2005-2009 | 12082 |
| Five-A-Day-Challenge | 2005-2009 | 17366 |
| Healthy Body Building | 2007-2009 | 41075 |
| Eat Smart program (sponsored by Hong Kong College of Cardiology) | 2008-2009 | 23 |
| Health Check Day for Parents | 2005-2009 | 1693 |
| Love and Care | 2007-2009 | 5395 |

Summary of Other Activities for Students

| Activity | Date | No. of Participants | Target | Purposes/Content of Event |
|--|------|---------------------|---------------------------------|--|
| School Health Ambassador training (Primary school) | 2009 | 177 | P.4 - P.6 Students | <ul style="list-style-type: none"> ✧ To enhance the knowledge of infectious disease and its prevention, healthy diet, first aid and prevention of injury among school children. ✧ To promote the importance of safe and health practice. |
| School Health Ambassador Training (Secondary school) | 2009 | | F.1 - F.3 Students | |
| Health Talk | 2009 | 196 | P.1 - P.6 Students and Teachers | To increase students' awareness of health and hygiene, puberty and sexual health as well as infectious disease and its prevention |
| Health Talk | 2009 | | F.1 - F.5 Students and Teachers | |

| | | | | |
|---|------|---------------------|--------------------------------|---|
| Health Check Day for Parents | 2009 | 24 | Parents and Teachers | To increase the awareness of parents and students on health check and encourage students' participation. |
| Health talk for parents | 2009 | 45 | Parents and Teachers | To increase parents' awareness on common health issues and its prevention. |
| Roving health exhibition in member school | 2009 | 800 | Students, Parents and Teachers | To provide health information such as Cervical Cancer and its prevention, Hypertension, Diabetes Mellitus, Food Pyramid, Influenza in the form of roll-up banner for display. |
| Home visits | 2009 | 63 times | Parents | To disseminate health and safety message through home visits by volunteers. |
| Quarterly Newsletter for South Asian health | 2009 | 1 issue/2000 copies | Students and Parents | To disseminate health and safety information and tips in 4 different languages including English, Urdu, Hindi and Nepali. |

Sports

| Date | Activities |
|----------------------------|---|
| December 2007 – April 2008 | Participated in World Day for Safety and Health at Work organized by the International Labour Organization, the pre-work exercise promotion was launched in Alice Ho Miu Ling Nethersole Hospital aiming to promote the occupational safety and health at the workplace. The Campaign, comprising pre-work stretching exercise sessions and symposium, had around 40-80 participants joined in each of the five demonstrations. |
| July 2009 | Safe Summer Cycling 2009, aiming to increase the awareness of cycling safety and promote the use of helmet in reducing injuries had recorded a total attendance of 500 participants. |
| 15 November 2009 | Collaborated with Tai Po District Council on Hong Kong East Asia Games – Tai Chi Talent Show. |
| 16 January 2010 | With the joint support of Tai Po District Council and Hong Kong Sports Institute, Tai Po Safe and Healthy City Steering and Working Committee and Alice Ho Miu Ling Nethersole Hospital co-organized the Tai Po Safe and Healthy City Sports Day for the residents in Tai Po. |

Disaster

Decontamination Centre at Alice Ho Miu Ling Nethersole Hospital

Although Tai Po is a safe community, we nevertheless accord importance to gear up ourselves in the events of chemical incidents occurring in our community.

The Accident and Emergency Department of AHNH is an accredited Decontamination Centre recognized by the International Trauma and Disaster Institute. In the past years, numerous drilling exercises had been conducted periodically with various Government departments, aiming to provide a safe area for decontamination of patients related to hazardous and protect the hospital staff from being contaminated by the chemicals while they are handling with those patients.

On 10 January 2010, AHNH staged a disaster drill in conjunction with Hospital Authority (HA), Fire Services Department Ambulance Command (FSDAC) and Hong Kong Police (HKP), with the aim to test the operational readiness, responsiveness and inter-departmental co-ordination within the community in response to a chemical incident in Tai Po District. Experts from the United States including Director and Instructor of International Trauma and Disaster Institute, Staff Specialist of Massachusetts General Hospital, Associate Professor of Wake Forest University and Dean of Wuhan University HOPE School of Nursing. Members of the Hong Kong Occupational Safety & Health Council also participated to observe the drill and to provide feedback on the best practices of managing industrial disasters. These ongoing preventive measures will be held so as to maintain the safe community concept and momentum within Tai Po District.



Violence prevention (Crime prevention)

Crime Prevention

Tai Po is generally a safe community though the risk of becoming the victim of crime does exist. The Police Community Relations Office of local police is responsible for crime prevention activities in addition to the following duties:

- ✧ establish and maintain close contact and liaison with community organizations including mutual aid committees, owners incorporations, rural committees, residents bodies, NGOs and other Government Departments in order to project a positive police image;
- ✧ advise the District Commander of Tai Po Police in general terms, of local opinions and sentiments concerning district policing matters;
- ✧ organize and co-ordinate all District Junior Police Call (JPC) activities and establish close liaison with schools;

- ✧ liaise with District Office, and District Fight Crime Committees of Tai Po and North District to organize youth activities and any other fight crime publicity campaigns so as to promote a safe living environment in Tai Po District;
- ✧ liaise with District Intelligence Section and Juvenile Protection Section regarding juvenile and youth crime problems in the District.

Suicide prevention

Community Psychiatric Service under Alice Ho Miu Ling Nethersole Hospital and Tai Po Hospital

Suicide and deliberate self harm is an important safety and health risk. Outreach psychiatric service team formed by the professionals of the Tai Po Hospital, providing better support to patients with psychiatric diseases in the community.

The service aims at enhancing community support to psychiatric patients and their carers. The scope of service includes:

- ✧ Running a hotline in which the public can seek psychiatric advice and assistance will be provided when necessary
- ✧ Arranging crisis intervention for which home visit will be provided when required, e.g. prevention of domestic violence and self harm
- ✧ Conducting regular home visit to mentally ill patients to provide psychological support and advice to them and their carers
- ✧ Organizing mental health promotion to public through seminars and workshops
- ✧ Providing support to other institutions with rehabilitation services to mentally ill patients in the community

From data provided by the Accident and Emergency Department of Alice Ho Miu Ling Nethersole Hospital (AHNH), the number of patients with self inflicted injuries attending hospital fell from 265 in 2002 to 48 in 2009.

Programs aiming at "High risk-groups"

Outreaching Psychiatric Clinic for Frail Elderly People Living in Community: Collaboration and Supporting Project between Hospital and Welfare Organizations

The programme was launched by the Salvation Army Tai Po Integrated Service for Senior Citizens and Alice Ho Miu Ling Nethersole Hospital. It provides psychiatric consultation to elderly in a familiar environment. Psychiatrists visited the community centre once a month to provide medical consultation and advice for the elderly. Family members and the respective social workers are encouraged to discuss the management plan. In the year 2008/09, 111 elderly with psychiatric illness were assessed.

Good Neighbour Network for Patients with Chronic Diseases under the United Christian Nethersole Community Health Service

To foster a culture of providing mutual support and a sense of belonging to the community, a “Good Neighbour Network” was established in one of the public housing estates in Tai Po (Kwong Fuk Estate) since 2000. A supportive network of volunteers to help neighbours with chronic diseases was established.

Safety and Health Programmes for chronically ill ex-patients, volunteers, neighbour and carers

| Activities | Period | No. of Participants | Target | Purposes/Content of Event |
|--|-----------|---------------------|--|--|
| Good Neighbour Groups at Residing Blocks | 2005-2006 | 4497 | Chronically ill ex-patients, carers, neighbours and volunteers | To build up supportive networks for chronically ill ex-patients by organizing home visits, volunteer services, social and recreational activities. From 2005 to 2009, 699 activities were organized. |
| | 2006-2007 | 2153 | | |
| | 2007-2008 | 925 | | |
| | 2008-2009 | 1392 | | |
| Let's build up a harmonious society | 2006 | 632 | Chronically ill ex-patients, carers, neighbours and volunteers | To promote mental health and stress management |
| Enjoy Tai Chi Together: Fall Prevention Programmes | 2005-2006 | 823 | Chronically ill ex-patients, carers, neighbours and volunteers | Through Tai Chi Group and Health Group to heighten the awareness of healthy life for chronically ill ex-patients. From 2005 to 2009, 602 activities were organized. |
| | 2006-2007 | 1,315 | | |
| | 2007-2008 | 2,229 | | |
| | 2008-2009 | 2,896 | | |
| Health in Your Mind | 2006-2007 | 435 | Chronically ill ex-patients, carers, neighbours and volunteers | To promote healthy life style through outreach health check programme, building up a strong, mutually supportive and safe community. |
| | 2007-2008 | 539 | | |
| | 2008-2009 | 400 | | |
| Fall Prevention for Elderly | 2005-2007 | 584 | Chronically ill ex-patients, carers, and neighbours | To promote fall prevention education and provide training, maintaining a safe and healthy physical environment for the elderly. |
| Come with Me ! | 2006-2009 | 794 | Chronically ill ex-patients, carers, neighbours | To build up supportive networks for chronically ill ex-patients by organizing outing activities. |

| | | | | |
|--|--|--|-------------------|--|
| | | | and volunteers | |
|--|--|--|-------------------|--|

Project on Outdoor Accessibility Standard for Geriatric Post Hip Fracture Patients in Tai Po District

Background

Outdoor activity is important for elderly people because it facilitates social gathering and participation in community that promotes quality of life and successful aging. Hence the elders' physical ability with the physical environment in his community is an essential element of successful integration of geriatric post hip fracture patients into the community.

As part of the rehabilitation, we strive to provide barrier-free access for our elderly patients into the community. An assessment of the potential barriers which will hinder patients' access or obstacles which poses fall risks in the living environment will facilitate hospital physiotherapist to plan rehabilitation plan for patients.



Between 2007 & 2008, the Tai Po Hospital in collaboration with the Chinese University of Hong Kong have measured the accessibility requirement to the nearest outdoor chairs at all buildings of 6 Public Estates and 12 Home Ownership Scheme in the Tai Po district which accommodate half of the Tai Po's population, including the majority of elderly people. Through the collaboration with Housing Estate Management, the team has removed the obstacles/potential risks in an attempt to reduce injuries in the community.

Objectives of the project

- ✧ To obtain data on outdoor accessibility standards at 6 Public Estates and 12 Home Ownership Scheme in the Tai Po district.
- ✧ To adopt an objective outdoor accessibility standard for the assessment of outdoor ability.
- ✧ To facilitate planning of tailored-made interventions that matches with the actual living environment of patients.

Benefits

The target clients of the project are the elderly patients discharged from the orthopaedic units of Tai Po Hospital.

Results of the study enables physiotherapists to tailor made rehabilitation plan for individual patients based on their functional ability and the home and neighbourhood environment of the patient objectively. In area where

improvements were required, the Housing Estate Management would follow up with the improvement works. As a result, discharged patients will be well trained and can maintain their outdoor activities in a safe environment. The project promotes social participation aligning with the concept of “Healthy residents, Safe community”.



Surveillance of injuries

Injury Surveillance by the Accident and Emergency Information System

Injury surveillance data provides an important framework for preventive measures and serves as a cornerstone for evaluating the effectiveness of the safety programs. To identify the trends and patterns of injury in Tai Po, the Working Committee has used the statistics of injury attendance at the Accident and Emergency Department of the Alice Ho Miu Ling Nethersole Hospital (AHNH) as the key indicator.

Patient’s condition and treatment are reported in Hospital Authority’s Corporate Clinical Management System (CMS) which is based on the ICD 9 CM coding system (International Classification of Disease version 9 with clinical modification) with input from various specialties. The system, capturing Accident and Emergency core information, discharge summary, diagnosis and medication provides an interface to achieve better integration of patient information and facilitates the retrieval and analysis of real time clinical information. Analysis of these injuries from 2002 to 2009 findings is tabulated as follows:

Trauma Records of the Alice Ho Miu Ling Nethersole Hospital (2002 – 2009)

| Cause of Injury | 2002 | 2003 ¹ | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | Variance (2009 vs. 2002) |
|----------------------|------|-------------------|------|------|------|------|------|------|--------------------------|
| Domestic | 8190 | 4173 | 4753 | 5036 | 4663 | 4901 | 4263 | 4306 | -47.42% |
| Industrial | 5328 | 3499 | 4712 | 4735 | 5495 | 5879 | 5574 | 5120 | -3.90% |
| Sports | 2495 | 1634 | 2163 | 1839 | 1956 | 2105 | 2089 | 2119 | -15.07% |
| Traffic ² | 1519 | 893 | 1217 | 1543 | 1523 | 1629 | 1846 | 1929 | 26.99% |
| Common Assault | 1132 | 673 | 875 | 733 | 761 | 765 | 747 | 711 | -37.19% |

¹ In 2003, there was Severe Acute Respiratory Syndrome (SARS) outbreak in Hong Kong.

² Data is varied from table 12 as the traffic accidents in table 28 refer to patients actually attending Accident and Emergency Department of AHNH.

| | | | | | | | | | |
|--------------|-------|-------|-------|-------|-------|-------|-------|-------|---------|
| Self Inflict | 265 | 166 | 340 | 78 | 180 | 94 | 58 | 48 | -81.89% |
| Battering | 54 | 40 | 42 | 78 | 51 | 61 | 55 | 50 | -7.41% |
| Total | 18983 | 11078 | 14102 | 14042 | 14629 | 15434 | 14632 | 14283 | -24.76% |

According to the figures, there has been a significant decrease in the number of domestic injuries from 8,190 in 2002 to 4,306 in 2009 respectively. The industrial and common assault cases have been consistently decreasing for 3 years since 2007. Cases of self inflict had been drastically reduced by 82 % over the past 8 years, suggesting that a remarkable headway has been made in eliminating avoidable injuries. Analysis of the total injury data from 2002 to 2009 reviewed a significant reduction of 25% of number of trauma injuries in Tai Po District.

Publications: (please refer to the attached report)



Working Groups meeting



Steering and Working Committee members

Staff

Number: 4 part-time

Professions: Medical and health professional, health administrator Organization/Specific inter-sectoral leadership group/General public health/Health promotion group

Composition of the Tai Po Safe and Healthy City Steering and Working Committee as at 1 September 2010

| | | |
|-------------|---|---|
| Co-chairman | Vice Chairman, Tai Po District Council/Chairman, Traffic and Transport Committee | Mr. Man Chen Fai, MH |
| | Hospital Chief Executive, Alice Ho Miu Ling Nethersole Hospital and Tai Po Hospital | Dr. Beatrice Cheng |
| Advisors | Legislative Council Member/Chairman, Tai Po District Council | The Honourable Cheung Hok Ming, GBS, JP |
| | District Officer (Tai Po), Tai Po District Office, Home Affairs Department | Mr. Lee Kwok Bun, Ivan, JP |
| Members | Chairman, Social Services Committee, Tai Po | Ms. Wong Pik Kiu, |

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| District Council/ Convenor, Safe and Health Promotion Working Group | Peggy, MH |
| Chairman, Environment, Housing and Works Committee, Tai Po District Council/ Convenor, Safe and Healthy Neighbourhood Working Group | Mr. Chan Siu Kuen |
| Vice Chairman, District Facilities Management Committee, Tai Po District Council / Convenor, Re-designation for Safe Community Working Group | Mr. Ho Tai Wai, David, MH |
| Chairman & Managing Director of Sino Grade Securities Ltd / Convenor, Community Fundraising Working Group | Ms. Jeanne Lee Sai Yin |
| Chairman, Agriculture, Fisheries, Commerce, Industries, Tourism and Recreation Affairs Committee | Mr. Chu King Yuen, MH, JP |
| Elected Member, Tai Po District Council /Vice Chairman, Tai Po Rural Committee | Mr. Li Kwok Ying, BBS, MH, JP |
| Chairman, District Fight Crime Committee(Tai Po District) | Mr. Kwok Wing Keung |
| Member, Tai Po Fire Safety Committee | Ms. Lam Kwong Fai |
| Chairman of Tai Po District Civic Education Campaign Organizing Committee | Ms. Lam Wai Ling, JP |
| Senior Executive Officer (District Council), Home Affairs Department, Tai Po District Office | Mr. Lau Kwan Wai, Chris |
| Senior Liaison Officer, Tai Po District Office, Home Affairs Department | Mr. Chan Hon Kwan, Harris |
| Liaison Officer-in-charge , Tai Po District Office, Home Affairs Department | Mr. Chan Wing Leung, Bennie |
| Executive Director, Occupational Safety & Health Council | Mr. Tang Wah Shing |
| Senior Medical and Health Officer, Community Liaison Division, Department of Health | Dr. Chung Pui Hong |
| Emeritus Professor, School of Public Health and Primary Care, The Chinese University of Hong Kong | Prof. Lee Shiu Hung, SBS, ISO, JP |
| Assistant District Social Welfare Officer (Tai Po/North)2, Social Welfare Department | Ms. Wong Yin Yee |
| Police Community Relations Officer, Police Community Relations Office (Tai Po District), Hong Kong Police Force | Mr. Lam Ping Yun, Patrick |
| Senior School Development Officer (Tai Po)2, Education Bureau | Mrs. Kwok Chan Po Lin |
| District Leisure Manager (Tai Po), Leisure and Cultural Services Department – Tai Po District Leisure Services Office | Mr. Wu Kam Kwai, Alex |
| Acting Assistant Divisional Officer, Hong Kong Fire Service Department, Tai Po Fire Station | Mr. Wong Ronald |
| Assistant Housing Manager, Tai Po District Tenancy | Mrs. Dai Pang Yee |

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| Management Office, Housing Department | Fong |
| District Environmental Hygiene Superintendent(Tai Po), Food and Environmental Hygiene Department | Mr. Wong Kwong Sin |
| Senior Divisional Occupational Safety Officer, Labour Department | Ms. Au Yeung Lai Fong |
| Chairman, Hong Kong Medical Association – Tai Po Community Network | Dr. Chiu Sik Ho |
| Health, Safety & Environment Manager, The Hong Kong and China Gas Company Limited | Mr. Shing Wai Lam, Johnny |
| District Relations Manager-NT East, CLP Power Hong Kong Ltd. | Mr. Tso Wai Ho, Arthur |
| CEO & Executive Director, AMS Public Transport Holdings Ltd. | Mr. Chan Man Chun |
| Cluster Co-coordinator (Community Partnership), New Territories East Cluster, Hospital Authority | Dr. Lam Tsan, Augustine |
| General Manager (AS), Alice Ho Miu Ling Nethersole Hospital and Tai Po Hospital | Dr. Kit Fong Leung, Calvin |
| Chairman, Association of Secondary School Heads, Tai Po District | Mr. Kwok Wing Keung |
| Vice-chairman of Tai Po District Primary School Heads Association | Ms. Lam Wai Ling, JP |
| Member of Tai Po Old School Liaison Committee | Ms. Lam Wai Ling, JP |
| Chairman, Tai Po Early Childhood Education (ECE) Principal Association / Principal, Christian and Missionary Alliance Church Tai Wo Kindergarten | Ms. Kwok Chor Kiu |
| Chairman, Federation of Parent – Teacher Association, Tai Po District | Mr. Ho Chu Ping |
| Chairman, Hong Kong Schools Sports Federation, Tai Po Primary Schools Branch | Mr. Lee Fu Sing |
| Director of Estates, The Hong Kong Institute of Education | Mr. Chu Chung Keung, Dominic |
| Chairman, The Hong Kong New Territories Commercial & Industrial General Association Ltd Tai Po Branch | Ms. Cheung Bik Fong |
| Chairman, Tai Po Merchants Association Ltd. | Mr. Li Yau Hing, Simon |
| Committee Member, New Territories Realty Association | Ms. Suen Sau Chun |
| Chairman, Hong Kong Tai Po Association of Young Merchants and Professionals Ltd | Mr. Chan Fuk Wo, Patrick |
| Chairman, Sai Kung North Rural Committee | Mr. Tang Kwong Wing, BBS |
| Officer of General Affairs, Tai Po Tsat Yeuk Rural Committee | Mr. Li Wing Keung |

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| President, Overseas Chinese United Association of New Territories Ltd. | Mr. Chan Hon Ming |
| Chairman, Luk Heung Village Office | Mr. Lee Yau Loi, Simon |
| Vice Chairman, Tai Po District Residents Association | Mr. Wong Chau Pak |
| Secretary General, Association of Tai Po People | Mr. Yu Chi Wing |
| Vice Chairman, Tai Po Societies Fraternal Association, New Territories | Mr. Ma Ka Keung |
| Chairman, Tai Po Sports Association | Mr. Cheng Chun Ping, JP |
| Committee, Tai Po Football Club | Mr. Chan Yuk Chi |
| Member of the Standing Committee, Federation of New Territories Youth | Mr. Law Kam Fai |
| Chairman, Tai Po Youths Association | Mr. Tam Wing Fun, Eric |
| Chairman, Shap Sze Heung Youth Club | Mr. Lok Yu Kwan |
| Chairman, Tap Mun Youth Club, | Mr. Cheng Wai Ping |
| Centre-in-charge, Lam Tsuen Youth Centre | Mr. Lam Luk Wing, MH |
| HK St John Ambulance Brigade – Tai Po Ambulance & Nursing Division | |
| Head of Health & Care Service, Hong Kong Red Cross | Ms. Chan Yin Ping, Iris |
| Chairman, Scout Association of Hong Kong, Tai Po South District | Mr. Li Yiu Ban, BBS, MH, JP |
| District Commissioner, Scout Association of Hong Kong, Tai Po North District | Mr. Wong Wah Ying |
| Executive Member, The Hong Kong Girl Guides Association, New Territories North District | Mr. Poon Hing Fai, Edwin |
| General Secretary, Hong Chi Association | Miss Nora P. H. Wong, JP |
| Service Supervisor, Tai Po Integrated Service for Senior Citizens, The Salvation Army | Mr. Tsoi Man Yuen |
| Executive Director, United Christian Nethersole Community Health Service | Mr. Law Chak Chuen |
| Secretary, FTU Tai Po District Service Office | Ms. Cheung Siu Mui |
| Service Supervisor, The Neighborhood Advice-Action Council | Ms. Yu Yung Yung |
| Unit In-charge, The Hong Kong Federation of Youth Groups, Tai Po Lions Youth S.P.O.T. | Ms. Lee Siu Chui, Bob |
| Social Work Supervisor, Hong Kong Children & Youth Services | Mr. Lam Kwok Keung, Kent |
| Regional Supervisor, Tai Wo Integrated Youth | Mr. Ho Hin Ming |

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| | Service Centre, Evangelical Lutheran Church of Hong Kong, | |
| | Social Work Supervisor, Hong Kong Children & Youth Services | Mr. Leung Shu Ming |
| | Supervisor (Tai Po & North District), The Boys' and Girls' Clubs Association of Hong Kong | Ms. Lam Yee Mui |
| | Centre -in-charge, S.A.L.E.M. Family Net Social Service Centre | Mr. Wong Yuk Choi, Samson |
| | Chairman, Tai Po District Arts Advancement Association | Mr. Poon Hing Fai, Edwin |
| | Chairman, Art Union | Mr. Mo Wai Man, Raymond |
| | Lok Kwan Volunteer Team | Ms. Wong Chun Yau |
| | Chairman, Wisenice Club | Ms. Li Oi Kwan |
| | Chairman, Modern Mammy Group | Ms. Ding Kit Mui |

International commitments

Members of the Tai Po Safe and Healthy City Steering and Working Committee are committed in building up a Safe Community by sharing experiences with other collaborative parties in the community. We also exchange our local experiences with other partners of international safe communities. The following table summarizes the important events:

Summary of Important Events from 2005 to 2010

| Date | Event |
|----------------------|--|
| 9 January 2005 | The "Tai Po Occupational Safety & Health Concert" promoting workplace safety to the young people was featured on Safe Community Bulletin. (http://www.oshc.org.hk/download/publishings/87/1760/Safecom9.pdf) |
| February 2005 | News of the Health Fort exhibition project which was launched by Tai Po Safe and Healthy City enhancing the public health awareness was posted on Safe Community Bulletin. (http://www.oshc.org.hk/download/publishings/87/1760/Safecom9.pdf) |
| 26-28 September 2005 | News of the inspection visit to Tai Po Safe and Healthy City paid by Ms Moa Sundström, Co-ordinator of the WHO Collaborating Centre on Community Safety Promotion was available on Safe Community Bulletin. (http://www.oshc.org.hk/download/publishings/87/1862/SC11.pdf) |
| 13 October 2005 | The article about the designation of Tai Po as number 90 Safe Communities in the World featuring the ceremony highlights was available on the online Safe Community Weekly News. |

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| | (http://www.safecommunity.net/SCWN/2005/SCWN21October2005.pdf). |
| January 2006 | The cover feature of 11th issue of Safe Community Bulletin highlighted the Designation Ceremony for Tai Po Safe Community. (http://www.oshc.org.hk/download/publishings/87/1862/SC11.pdf) |
| January 2006 | Activities of “Practising Tai Chi and Monitoring Your Blood Pressure” and the carnival for the promotion of safety and health were shared on Safe Community Bulletin. (http://www.oshc.org.hk/download/publishings/87/1862/SC11.pdf) |
| 27-29 June 2006 | Dr. Augustine Lam, Member of TPSHCSWC participated in 7th International Congress on Work Injury Prevention, Rehabilitation and Compensation 2006. |
| 18 July 2006 | Hospital Visit by Shanghai Health Promotion Delegation Group. |
| 10 August 2006 | Alice Ho Miu Ling Nethersole Hospital (AHNH) collaborated with Tai Po Community Network to receive the visit the delegation from Jiangxi Nanchang Personnel Bureau. |
| 14 September 2006 | Dr. Augustine Lam participated in Symposium on Community Engagement II – Building a Successful Partnership in Community Care. |
| 9 November 2006 | The 2nd “China Hong Kong Safe and Healthy Community Network Annual Conference” was organized by Occupational Safety and Health Council, Tai Po Safe and Healthy City and other safety communities across the region, aiming to foster a closer relationship among all safe communities in Hong Kong, encourage the sharing of experiences, support more communities to become “safe communities” recognized by World Health Organization, and create a synergy for promoting safe and healthy culture. The Issue 14 of Safe Community Bulletin included the online coverage of the annual conference. (http://www.oshc.org.hk/others/bookshelf/CT197B.pdf) |
| 25 November 2006 | “One Citizen One Doctor” Kick-off Ceremony cum Health Fort Carnival with an objective to strengthen the understanding among the residents the advantages of family doctors and encourage every resident to acknowledge the importance of medical care and health was featured in Issue 14th of Safe Community Bulletin. (http://www.oshc.org.hk/others/bookshelf/CT197B.pdf) |
| 19-23 August 2007 | Participated in World Mental Health Congress of the World Federation for Mental Health. |
| 14 September 2007 | Participated in the Inauguration Ceremony of China Hong Kong Chapter, Alliance for Healthy Cities, Western Pacific Region cum “Health Cities” Forum. |
| 23 October 2007 | Introduction of Tai Po Community to visitors from China Charcoal Industry Magazine Group. |
| 22 October 2007 | Participated in Health Care and Promotion Fund Forum 2007. |

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| 23 -25 October 2007 | Dr. Augustine Lam attended the 15th Quadripartite Seminar on Occupational Safety and Health organized by Occupational Safety and Health Council. A paper concerning the occupational safety and health services for hospital staff in New Territories East Cluster had been published. |
| 26 November 2007 | Occupational Safety and Health Council collaborated with Tai Po Safe and Healthy City and other safe communities in organizing the “3rd China Hong Kong Safe and healthy Community Annual Conference which provided a platform for the exchange of ideas and experience among the safe communities in Hong Kong. The event highlights were available on online Safe Community Bulletin. (http://www.oshc.org.hk/download/publishings/87/2061/Safe%20Community%20Issue17.pdf) |
| 11 March 2008 | Participated in the First Safe Community Workshop organized by Asia Safe Community Network. |
| 12 March 2008 | Hospital Visit by the delegation of Beijing Xi Chang Qu De Sheng Community Hygiene Centre. |
| 11 October 2008 | Dr. Augustine Lam participated in Shenzhen-Hong Kong International Safe Community Conference and 4th China Hong Kong Safe & Healthy Community Network Annual Conference in Wuzhou Guest House, Futian, Shenzhen. |
| 16-17 December 2008 | Attended the 16th Quadripartite Seminar on Occupational Safety and Health which was held in Hong Kong by the Occupational Safety and Health Council, Hong Kong Occupational Safety & Health Association, China Occupational Safety and Health Association, Wuhan Safety and Environmental Protection Research Institute of China Steel Corporation Group, Labour Affairs Bureau of Macau, and Industrial Safety and Health Association of Taiwan. |
| 4 January 2009 | The article about “Tai Po Occupational Safety and Health Concert” promoting the safety and health message to all citizens in the district was available on Safe Community Bulletin. (http://www.oshc.org.hk/download/publishings/87/2144/Safecomm%20Bulletin%2020th.pdf) |
| 26 May 2009 | Ms. Peggy Wong, Convenor of Health Promotion Working Group, of TPSHCSWC and Dr. Augustine Lam attended the Redesignation Ceremony of Tuen Mun Safe Community. |
| July 2009 | The 2nd issue of Occupational Safety and Health/Occupational Medicine Newsletter published by Hospital Authority focusing on the improvement project for the prevention of slips, trips and falls at work. |
| 10 July 2009 | Ms. Ice Tsang, Cluster Business Manger of New Territories East Cluster on behalf of Dr. Augustine Lam attended the Workplace Hygiene Charter Against the Influenza Signing Ceremony organized by Occupational Safety and Health Council. |
| 29 October 2009 | Mr. Man, Chairman of TPSHCSWC signed Cooperation Memorandum between Yayuncun International Safe |

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| | Community, Chaoyang District, Beijing Municipality, People's Republic of China and Tai Po International Safe Community, HKSAR, People's Republic of China. |
| 29 October 2009 | Mr. Man and Dr. Beatrice Cheng, Co-chairman of TPSHCSWC attended the 5th China Hong Kong Safe and Healthy Community Network Annual Conference, which was featured in Issue 22nd of Safe Community Bulletin. (http://www.oshc.org.hk/download/publishings/87/2233/Safecom22.pdf) |
| 30 October 2009 | Attended the "Traffic Safety Promotion Seminar – Primary and Secondary Prevention" in Princess Margaret Hospital in Kwai Tsing. |
| 31 October 2009 | Dr. Hui Ming Tung on behalf of Dr. Augustine Lam, attended the Redesignation Ceremony of Sai Kung Safe Community. |
| 10 January 2010 | Tai Po Renovation and Maintenance Safety Concert instilling the message of renovation and maintenance through games and drama were featured in Issue 23rd of Safe Community Bulletin. (http://www.oshc.org.hk/others/bookshelf/CT1277B.pdf) |
| 23 January 2010 | Participated in the Conference on Challenges of Occupational Health cum Inauguration of the Hong Kong Association of Occupational Health Nurse which brought 360 participants around the globe sharing the development of occupational safety and international trend on occupational health in healthcare practices. |
| 23 - 26 March 2010 | Dr. Beatrice Cheng and Dr. Augustine Lam attended the 19th International Conference on Safe Communities Network in Suwon, Korea and presented on the topic of "Your Health Our Concern" for the prevention of Drug Abuse. |
| 13 April 2010 | The article about Tai Po Safe and Healthy City Sports Day on 16 January 201 was submitted to WHO Collaboration Centre for sharing the event with other global safe communities in its future issues of Safe Community Monthly News. |
| 13 April 2010 | The article which introduced the Disaster Drill on 10 January 2010 in Tai Po integrating the support of local hospital and various public organizations within the community was submitted to WHO Collaboration Centre for future issues of Safe Community Monthly News. |
| 2 June 2010 | In the 2nd issue of Volume 4 of Occupational Safety and Health/Occupational Medicine Newsletter, there was a special feature on the establishment of Hong Kong Association of Occupational Health Nurses which facilitated the achievement of work safety and staff wellness for health care staff. |